

BRIDGEPOINT CHURCH

Group Discussion Guide

The Way, Part 2
Spring 2025

This guide is designed to assist you in creating a space for genuine connection and conversation within your Life Group. Don't feel pressured to address every question each week. Rather, allow the Holy Spirit to guide you as you lead your group in uncovering what God intends to communicate to you all.

LOVING: *First moments together as a group to connect and pray (approx. 10-15 min).*

How have you seen God at work in your life since the last time we met?

What has been one high and one low since the last time we met?

How did you do with living out what we talked about last time we met?

Open with prayer and invite God to be part of your conversation and relationship.

LEARNING: *The majority of the group discussion is devoted to open dialogue, reflecting on God's Word and its personal application to each of our lives (approx. 60-75 min).*

Scripture References from Message:

Colossians 3:1-14

Big Idea:

Following Jesus into new life means leaving your old life behind.

Paul begins this chapter by reminding us where our focus should be—on Christ, not on the things of earth. He uses the image of clothing to show that our identity is something we wear and show to others. **How does Paul describe the difference between the “old self” and the “new self” in Colossians 3?**

Why do you think Paul uses clothing imagery to describe our spiritual transformation? What are some “old garments” (attitudes, habits, mindsets) that you personally struggle to leave behind?

Paul doesn't just tell us to stop bad habits—he tells us to replace them with something better. Spiritual growth is never about perfection—it's about grace meeting us where we are and forming us into who we're becoming. **Why is it not enough to just “put off” the old things without also “putting on” new ones? How do you see God's grace at work in your own transformation?**

Verses 12-14 list out the virtues we're to “clothe” ourselves with as people made new in Christ. **How might walking “in the way of Jesus” change the way you interact with others—especially through the virtues Paul lists?**

Brad introduced the practice R.A.D. (Reflect, Adjust, Do) as a simple way to walk in Jesus' way each day. In your group time, consider working through this together, offering personal reflections and adjustments:

Reflect: What in my life right now doesn't fit the new life Jesus has given me?

Adjust: What virtue or Christlike habit needs to replace it?

Do: What's one small, practical step I can take this week to live more like Jesus?

LIVING: *The challenge for the week ahead is to grow in our faith and lovingly hold each other accountable.*

This week, practice the RAD rhythm—Reflect, Adjust, Do—as a way to walk in the way of Jesus. Each day, take a few minutes to reflect on where your life still resembles the “old self” and ask what Christlike virtue you need to put on instead. Then, make a simple plan to live that out the next day, even in a small way. This isn't about perfection, but about intentionally becoming more like Jesus, one faithful step at a time.