

Sunday, March 29, 2020

Dr. Ricky Cummings

Sermon: Where Does My Help Come From?

FBC Vidalia

Morning Service (Live Stream Online)

Psalm 121

1. The Truth of the Ascent

- We get a picture here of this being a Marching Song as one is going up or taking an ascent.

Psalm 121:1 (ESV) I lift up my eyes to the hills. From where does my help come?

- We get a picture here of this being a Ceremonial Song.
- We get a picture here of this being a Pilgrimage Song.

Isaiah 30:29 (ESV) You shall have a song as in the night when a holy feast is kept, and gladness of heart, as when one sets out to the sound of the flute to go to the mountain of the LORD, to the Rock of Israel.

The pilgrimage of the Christian on the way to the heavenly mountain.

Philippians 3:14 (ESV) I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Hebrews 12:22 (ESV) But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering,

2. The Danger of the Ascent

Psalm 121:1 (ESV) I lift up my eyes to the hills. From where does my help come?

- The hills represent real and present danger.
- We need help from God.

Psalm 121:2 (ESV) My help comes from the LORD, who made heaven and earth.

Psalm 121:3-4 (ESV) ³ He will not let your foot be moved; he who keeps you will not slumber.

⁴ Behold, he who keeps Israel will neither slumber nor sleep.

Psalm 121:5-6 (ESV) ⁵ The LORD is your keeper; the LORD is your shade on your right hand. ⁶ The sun shall not strike you by day, nor the moon by night.

Isaiah 49:10 (ESV) they shall not hunger or thirst, neither scorching wind nor sun shall strike them, for he who has pity on them will lead them, and by springs of water will guide them.

Psalm 3:3 (ESV) But you, O LORD, are a shield about me, my glory, and the lifter of my head.

Psalm 121:7 (ESV) The LORD will keep you from all evil; he will keep your life.

3. The Keeper of the Ascent

Psalm 121:5-8 (ESV) ⁵ The LORD is your keeper; the LORD is your shade on your right hand. ⁶ The sun shall not strike you by day, nor the moon by night. ⁷ The LORD will keep you from all evil; he will keep your life. ⁸ The LORD will keep your going out and your coming in from this time forth and forevermore.

- **Our God Never Sleeps**

Psalm 121:4 (ESV) Behold, he who keeps Israel will neither slumber nor sleep.