



SERMON STUDY GUIDE

"EPHESIANS 6:10-18" ON NOVEMBER 10 & 13, 2022

CONNECT

How did last week's passage we read/discussed affect your week?

DISCOVER: EPHESIANS 5:21-33

- What did the passage say (in your own words) or what impacted you/did you take away from the sermon this week?
- How does this passage or did the sermon point you to Jesus (teach us about Jesus)?
- Did you find anything challenging about this passage (words you didn't understand, phrases that didn't make sense, etc.)?

EPHESIANS 6:10-20 Paul begins the first verse of today's passage with "Finally.." this is a wrap-up for the whole book of Ephesians, in which he has spoken of how much God loves us, and what we who are in Christ then need to do to point others to Him! Paul emphasizes that we are to live in God's strength, not our own, using His armor – the full armor HE supplies. He details WHAT pieces of armor are needed, WHY we need it, and HOW we need to use it to live in steadfast allegiance to Him!

Read all the verses of today's passage. Identify each and every instruction/directive Paul uses in these verses – 'be strong,' 'put on,' 'take up,' 'stand firm,' and so on.....

- These terms all have at least two identifying factors: they are directives requiring action, and they allow CHOICE on the part of the recipient. How might this change the way you view or understand this passage when you realize these actions are not just words but choices you are free to make when you are in Christ? How can this shape how you regard this section of Scripture about the armor of God?

Read all the verses again and count how many times words of COMPLETION are used – 'whole' or 'all.'

- What does the repetition of these words tell you about how Paul wants us to understand what he is saying in this passage? How does being aware of these descriptors affect or change the way you view this passage?

Ephesians 6:10-13: In Paul's day, the idea of using armor would have been to gird oneself for some kind of strenuous activity or for battle – to supply protection and provision necessary to fight.

- What 'strenuous activity' is Paul presenting in these verses that each of us in Christ will need to prepare for?
- Why is this so important to us each and every day?
- What are the schemes Satan uses to distract us from our purpose? Which of his schemes do you most often struggle with – how do they play out in your lives?



SERMON STUDY GUIDE CONT.

For EACH part of the whole armor of God listed below, describe: 1) WHAT that piece of armor is and where you would find it, 2) WHY you need it as a follower of Christ, and 3) HOW you plan to prepare to use it to stand firm in your own battle against the scheme of the devil.

- BELT OF TRUTH
- BREASTPLATE OF RIGHTEOUSNESS
- SHOES FOR OUR FEET
- SHIELD OF FAITH
- HELMET OF SALVATION
- SWORD OF THE SPIRIT

God provides ALL of this for us, FREELY! How will you use it this week?

RESPOND

- How does this passage encourage you, challenge you, or change you in your efforts to become more like Jesus?
- What is one thing you learned about yourself from God's Word? How will you respond in obedience this week?
- Who is someone you can have a conversation with about what Jesus is doing in your life or invite to join you at a CU Church gathering.

PRAY

... for each other and spend time praising God. Pray that he will show you how to better love God and love people.