



## SMALL GROUP STARTER GUIDE

"We Are Free" on May 9<sup>th</sup> and May 12<sup>th</sup>

### HOOK

- Share something you did wrong when you were a kid.
- Share a regret you have from your past.

### BOOK

- Romans 8:1-4

### LOOK

- What does condemnation mean? What does it feel like to be free from it?
- Why do we struggle with accepting forgiveness?
- Why did the law (or trying to keep the rules) bring us death?
- Why does Christ death on the cross free us from our failures?
- How did it bring us into an intimate relationship with God.?
- How does the Holy Spirit help us to accept Gods grace and forgive ourselves?

### TOOK

- Choose to accept God's forgiveness through Jesus. Begin to forgive yourself for past sins and failures.
- Be honest. What mistakes still haunt you? What things continually bring you shame?

### PRAY

- Pray for the Spirit to fill you and show you how you are forgiven. Speak out those mistakes and let them go at the cross.
- Make this a powerful time to pray for each other.
- Get in a circle and have each person share one thing they
- Feel they have failed at, as they do, the group repeats "there is therefore now no condemnation for those that are in Christ Jesus!"