



SERMON STUDY GUIDE

"Matthew 6:5-18 " on June 14th

CONNECT

How did last week's passage we read/discussed from Matthew 6:1-4 affect your week?

DISCOVER - MATTHEW 6:5-18

What did the passage say in your own words or did you take away from the sermon this week?
How does this passage/did this sermon point us to Jesus or teach us about Jesus?

In addressing this passage, Jason shared a lot of background on the nature of prayer: It is our best offensive weapon because we are praying to the God of all power. It is the way we engage with God, as we 'plug in' to the Source of power. It is a connection to heal. It is what we go to when we know we need something we can't provide for ourselves. It builds our faith and shows us God's faithfulness. It is powerful because God is powerful! IN LIGHT OF ALL OF THAT:

PRAYER: When and Why Do You Pray?

- On a scale of 1 to 10, with 1 being small, everyday things and 10 being a crisis, what number represents the frequency you engage God in making decisions or solving problems?
- Would you describe prayer as a part of your very being, or do you only call upon God when you have exhausted other resources?
- Is prayer functioning in your life as a faith-building process of depending on God's faithfulness, or is it an emergency help line?
- How do you respond to the statement that God already knows our needs, so why do we need to ask Him for things?

PRAYER: How do you pray, and for whom do you pray?

- What is your 'prayer posture' – not only the way your physical body is engaged, but more importantly the way your attitude and heart are engaged?
- Do your prayers include adoration and thanks, acknowledging your own humility before God and your need for Him, or are they a wish list of what you would like 'fixed' in your world?
- What does your 'Prayer Contact List' look like? Does it only include people who look like you?

THE LORD'S PRAYER

- Which phrase in the Lord's Prayer is most meaningful to you or challenging for you right now? Describe how that particular phrase is applicable to your relationship with God.
- "Hallowed be Thy name" - We represent God's name in the world around us through our obedience. What would you ask God to transform in your life so that when the world sees you, they see HIM?
- "Thy will be done..." - How would you describe your heart's attitude toward seeking God's will in any situation versus focusing on your own will being done?
- "And forgive us our sins as we forgive those who have sinned against us" - What obstacles might there be in your life that keep you from being completely forgiven because YOU can't forgive someone else?
- How could you seek healing to bring that forgiveness??

RESPOND

How can you grow and nurture your prayer life?

- What steps could you take to build relationships with and pray for others who are not like you?
- How could you apply Scripture, The Lord's Prayer, daily meditation/prayer books, etc. to growing your prayer life?
- Is there a person whom you see as a great role model for praying powerfully that you could meet with and find ways to shape your prayer life into your daily routine and feel more comfortable in talking with God?
- Who or what situation needs your prayers right now? God wants you to call on Him.

Who is someone you can have a conversation with about what Jesus is doing in your life or invite to join you as you watch CU Church online next week?



CHURCH

LOVE GOD, LOVE PEOPLE

SERMON STUDY GUIDE CONT.

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PRAY

Praying for each other and spend time praising God. Pray that he will show you how to better love God and love people.

KEEP READING

Luke 11:1-13 where the disciples ask Jesus to teach them how to pray. Psalm 27:1-14 is one of David's prayer psalms.