



SERMON STUDY GUIDE

"PSALM 46" ON JULY 7-10, 2022

CONNECT

How did last week's passage we read/discussed affect your week?

DISCOVER: PSALM 46

- What did the passage say (in your own words) or what impacted you/did you take away from the sermon this week?
- How does this passage or did the sermon point you to Jesus (teach us about Jesus)?
- Did you find anything challenging about this passage (words you didn't understand, phrases that didn't make sense, etc.)?

PSALM 46 calls us to pause and reflect on who God is and what that means for our lives. The psalms reveal a great deal about the character of God, and this psalm invites us to call upon Him as our Refuge and Strength in times of adversity, our Source of life as He dwells amidst us, and our Sovereign Lord whom we can trust. What was true about God for the psalmist is true for us!

PSALM 46:1-3 "God is our refuge and strength, a very present help in trouble"...we all find ourselves in threatening situations in life that cause us to want to run, to seek a place of safety.

- Following Jesus does not guarantee a life free from pain and adversity; what is your immediate response when you face storms in life?
- To whom or what do you run to as your refuge in times of adversity? Whose promises do you hold onto?
- Is what was true for the psalmist in verses 1-3 true for you? What do those words really mean to you? Who in your life needs to hear about a time when you sought God for refuge and strength?

PSALM 46:4-7 speaks of a river making glad the city of God – Jerusalem – and that river is GOD HIMSELF! "God is in the midst of her; she shall not be moved; God will help her when morning dawns." When nations raged around Jerusalem, surrounding her, God alone was her Source of Life! As followers of Jesus, we, too are part of a kingdom that cannot be shaken – our true citizenship is in heaven!

- What do your interactions with others reveal about your 'source of life' day by day? Is it evident to others that Jesus is that Living Source, driving all that you do?
- Is what was true for the psalmist in verses 4-7 true for you? What in your life needs to be prioritized or nurtured to make you more sensitive to the power of the Holy Spirit in you to guide and comfort you?

PSALM 46:8-11 not only gives words of encouragement to recognize and cling to the power of God in our lives, but it provides a challenge for us to look at our role as followers of Jesus when the world is raging around us. How will you respond to this invitation?

- COME-how are you responding to His invitation to come to Him, crying out to Him? What role does prayer have in your life? Do you see prayer as a weapon for addressing the turmoil in life?
- BEHOLD HIS WORKS – Look at Him, Who He is! What is your focus in life right now, and how are you equipping yourself to see and respond to His works all around you each day?
- BE STILL – How much are you depending on your own strength to face the battles life brings, to save yourself? How often do you STOP and think about where you are truly placing your trust?
- KNOW HIM - How much of each day do you spend time in study or in prayer, seeking not just to know ABOUT God, but to KNOW Him in your heart, mind and soul, and to allow Him to shape your life every moment?



CHURCH

LOVE GOD, LOVE PEOPLE

SERMON STUDY GUIDE CONT.

How will you respond to Psalm 46? Is what was true for the psalmist true for you? With whom can you share this prayer of invitation, help and encouragement?

RESPOND

- How does this passage encourage you, challenge you, or change you in your efforts to become more like Jesus?
- What is one thing you learned about yourself from God's Word? How will you respond in obedience this week?
- Who is someone you can have a conversation with about what Jesus is doing in your life or invite to join you at a CU Church gathering.

PRAY

... for each other and spend time praising God. Pray that he will show you how to better love God and love people.