



## SERMON STUDY GUIDE

“Matthew 6:25-34” on July 5<sup>th</sup>

### CONNECT

How did last week’s passage we read/discussed from Matthew 6:19-24 affect your week?

### DISCOVER - MATTHEW 6:25-34

What did the passage say or did you take away from the sermon this week?

How does this passage/did this sermon point us to Jesus or teach us about Jesus?

This passage begins with the word ‘therefore,’ which indicates it is connected to the previous passage in which Jesus taught about what we treasure and whom we serve. “For where your treasure is there your heart will be also.” “You cannot serve both God and money.”

- What connections can you make as you study the two passages to what you treasure or what you serve?
- How can you apply that to your present circumstances, especially in regard to what consumes your mind with worry?

Two statements about anxiety from Jason’s sermon this week. Anxiety is carrying or trying to control something you cannot handle that only God can. Anxiety is the absence of humility.

- What things do you keep ‘collecting’ in your mind that keep your focus from God and erode your ability to trust in Him alone?
- What would it take to adjust that focus?
- What changes would you have to choose to make or what control would you have to let go of in order to let God take care of the things that worry you?
- What do your worries and anxieties teach those around you (children, family, friends, co-workers) about your trust in God?
- How could you ask God to provide for you, to remove or lessen your worry?
- Is there someone in your life who is consumed with worry and needs your encouragement and prayer to navigate that burden? How can you encourage them?

We don’t know the future, but we DO know the love of our Father who created us in His own image and is connected intimately with us!

- What if your focus were on God’s Kingdom or things ETERNAL – how would your life change?
- What kingdom/eternal perspective will you choose to live out as you go about your week?

Meditate on these Scriptures:

Matthew 6:31-33 “So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first His kingdom and His righteousness, and all these things will be given to you as well.”

1 Peter 5:6-7 “Humble yourselves, therefore, under God’s mighty hand, that He may lift you up in due time. Cast all your anxiety on Him because He cares for you.”

### RESPOND

What can I “seek” this week that really matters?

What do you need to do first to claim the promise of the Matthew passage; and what do you need to cast on Him as the 1 Peter passage instructs?



CHURCH

LOVE GOD, LOVE PEOPLE

## SERMON STUDY GUIDE CONT.

“Matthew 6:25-34” on July 5<sup>th</sup>

Who is someone you can have a conversation with about what Jesus is doing in your life or invite to join you as you watch CU Church online next week?

### PRAY

Praying for each other and spend time praising God. Pray that he will show you how to better love God and love people.

### KEEP READING

John 15:1-17 where Jesus talks about “abiding” or “remaining” connected to the vine. Philippians 4:5-7 where Paul talks about prayer and worry.