



# RELATIONSHIP RESET

## CONNECT IN COMMUNITY

**Start a conversation with your group. Choose 1-2 questions to discuss together:**

- When have you felt truly **listened to** by someone? What made that experience stand out? On the flip side, when have you felt **unheard** or dismissed? How did that impact you?
- What **voices** compete most for your attention during the day? What does it practically look like for you to **listen to God** right now? What makes that **difficult**?
- What is **one specific situation or relationship** where you can intentionally practice **listening like Jesus** in the coming week? Share with your group and allow them to pray over that situation/relationship.
- What is one **“reset”** you feel God inviting you into this week when it comes to **listening**?
- Where have you seen **God’s goodness** lately? Where do you see God at work in your life and around you?
- What is a **challenge** you’re facing? How is God **shaping your perspective** on this challenge?
- How did you do with **putting into practice** what we discussed last time we gathered?
- Who are you investing in who is **far from God**? In what environments are you currently spending time serving/loving/caring for those who don’t yet know God?
- Is there someone who **needs our help**? **How** can we help them?

**FAMILY MOMENT:** Start your Move Group time or mealtime by **including your kids in some of this conversation**. Stick to **one question** and have kids listen and share, too.

# CONNECT UP WITH GOD

Use the **BREAD** tool (**be still, read, encounter, apply, devote**) to engage in scripture:

**Suggested passages:** John 4:1-42; James 1:19-27

- Take a moment to **BE STILL** before reading a passage of scripture together.
- **READ** the passage and then have someone put it in their **own words**.
- **ENCOUNTER** God in His word:
  - What **stands out** to you? Why?
  - What does this text say about **God**? What does it say about **people**?
  - What are you doing or believing that is in **opposition** to this scripture?
- **APPLY** this scripture to your life:
  - How can you specifically live out this passage in the next few days?
  - What will look different in your life because of what you just read?
  - **Create an “I will” statement.**
- **DEVOTE** yourself to living this out:
  - What **stands in the way** of you really applying this? As a group, how will you **hold one another accountable**?
  - **Pray together** as you devote yourselves to these active steps of response to God. Include your kids in your prayer time and pray about what was shared. Invite everyone to have a voice during your time in prayer.

**FAMILY MOMENT:** *Read the scripture from a kid-friendly Bible. After the reading is finished, have the kids draw a picture or build something with Legos about what stood out to them. (This can be done during adult conversation) After adult discussion time, have kids share their pictures or builds with the adults. Eventually, you can do the same with other questions.*

# CONNECT OUT MISSIONALLY

**There are many ways to be near to those far from God, but here are just a few examples of ways to actively live this out as a group:**

- Spend time regularly discussing and praying for individuals and the mission God has called them to. **Who specifically has God called each person to love and serve?** Encourage each other, hold each other accountable, pray, and help each other connect with those far from God.
- Host gatherings where people can **invite others who are far from God.**
- **Serve a cause together** that is important to one or more group members.
- Participate in **servicing a need in your community** (meet a tangible need of the homeless population, serve in the foster care system, tutor a child, give financially to organizations providing resources for those facing addiction).

*Include your kids when you serve or live missionally. Have conversations about why you are loving others and how it points people towards Jesus.*