



# LIFE GROUP GUIDE

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"What's The Deal With Sin?" - Psalm 51:1-19

## Opening Question:

What is a bad habit (not a sin) you continue even though you know it isn't necessarily healthy or good?

## Discussion Questions:

1. In what ways might viewing sin primarily as a vertical issue between us and God, rather than a horizontal one affecting others, change our approach to confession and repentance?
2. How does David's acknowledgment that he was 'sinful from birth' relate to our own struggles with recurring sin patterns?
3. The sermon describes three aspects of sin: transgression, iniquity, and inability. How have you experienced these in your own life?
4. Why do you think we often try to "fix ourselves" before coming to God with our sins? How does this contrast with David's approach in Psalm 51?
5. The pastor states that "sin is also always hopeless." How does this statement make you feel, and why is it important to recognize this truth?
6. What does David's plea for God to 'create a clean heart' suggest about the depth of transformation needed to overcome sin?
7. How does understanding Jesus as "always ready" to forgive impact your approach to confession and repentance?

## Practical Application:

1. Self-Reflection: Take time this week to examine your heart. Are there areas where you've prioritized your desires over God's will?
2. Confession Practice: Write out a prayer of confession to God, focusing on acknowledging your sin as primarily against Him.