



SOUL FOOD
Psalm 119:97-104
JULY 31, 2022

How do I know if I am growing as a Christian?

By becoming _____.

The Bible is _____ that feeds, nourishes and makes us grow in faith and character.

3 ASPECTS OF ENGAGING THE BIBLE

1) _____ (Ps. 119:97, 103)

Jesus, the _____ of God loved the _____ of God.

Reflection Questions:

What comes out of you when you are squeezed?

What is your relationship with the Bible?

2) _____ (Ps. 119:98-100, 104)

Having the right knowledge of God is _____.

We need to know more than just a few texts, but _____.

Reflection Questions:

How wet is my sponge? How saturated am I with the knowledge of God and His ways?

How easily can I recall and share it at appropriate times in my life and for others?

3) _____ (Ps. 119:100-102)

The Bible is ultimately about _____ not _____.

Reflection Questions:

What areas of my life do I follow what God's Word says?

What areas of my life am I struggling to do that?

Summary:

There is ___NO SUBSTITUTE___ for God's Word in my life. Nothing provides the same nourishment to the heart, mind and soul that allows for substantial growth.

Next Steps:

1) _____

Daily, reading plans, memorization, audio

2) _____