

REFLECT



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This week we have guest preacher Rev. Dr. Maurice Watson, Senior Pastor of Metropolitan Baptist Church. Pastor Watson is using as his focus scripture this morning the letter Paul wrote to the Philippians; Philippians Chapter 4 and verses 10 through 13 and the title "Finding Contentment In Life."

Philippians 4:10 – 13

¹⁰ But I rejoiced in the Lord greatly that now at last your^[a] care for me has flourished again; though you surely did care, but you lacked opportunity. ¹¹ Not that I speak in regard to need, for I have learned in whatever state I am, to be content: ¹² I know how to ^[b]be abased, and I know how to ^[c]abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. ¹³ I can do all things through ^[d]Christ who strengthens me.

Pastor Watson, in his introduction, explains to us how this world through its music and entertainment makes it clear that finding contentment is a challenge. Pastor Watson labels it as "restlessness". We have as a society looked for fulfillment in every place or in everything and still cannot find it. It doesn't matter how rich or how poor, it doesn't matter the color of our skin, everyone has to come to the same understanding that Paul is writing about in this Scripture, Pastor Watson explains. Paul is letting the people know that they must be content because they have what God has given them and that is more than enough. Pastor Watson points out that while Paul is encouraging them to be content, he isn't doing it from a fine hotel nor from a nice





home. Instead, Paul is writing them and encouraging them from jail. Paul doesn't have his freedom. At the moment he is writing this letter but Paul is sharing with them that even in this season he is content because he has Jesus.

Pastor Watson shares that Paul teaches us:

- If you want contentment and peace in your life, you need to know that your sufficiency is in the Savior.
- Once you understand your sufficiency in Christ, you also need to learn from the university of prosperity and the university of adversity. Your happiness and sense of sufficiency come from Christ and nothing else.
- We also need to know the source of our ability to be content is only found in Jesus.

Pastor Watson shows us that because of Paul's writing here:

- We can be positive about our potential in the midst of any situation.
- We can partner with the Power of Christ.

We must be content in Christ regardless of what happens in life.





1. RESPOND

Introspective Questions

- ï How high can God lift you without losing you?
- **THOW are you working on being content with Christ?**

Discussion Questions

- **The What do you think the people said when they read this letter from Paul knowing that he was writing from jail?**
- **T** When is the last time you visited and learned from the university of prosperity and adversity?

