

BACK IT UP BY THE WORD

MATTHEW 5 : 3-12 · WEB

BACK IT UP IN THE WORD

3 SUPPORTING SCRIPTURES FOR EVERY BEATITUDE

The Beatitudes aren't just pretty words. Every blessing Jesus speaks in Matthew 5 is echoed and confirmed all through Scripture. These 3 supporting verses per Beatitude show you that the life He calls beautiful — humble, honest, merciful and pure — is God's consistent heart for the daughter He has already crowned.

HOW TO USE THIS

Read the declaration first, then dig into the supporting scriptures here.

Don't just read the reference — open your Bible and read around it. Ask:

"What does this show me about the kind of girl God calls beautiful?" One Beatitude a day for 8 days is a lovely rhythm.

01 MATTHEW 5:3 · POOR IN SPIRIT

I DON'T HAVE TO HAVE IT ALL TOGETHER.

ISAIAH 57:15

God lives with the lowly

The high and holy God chooses to live with the humble and the crushed in spirit, *reviving them. — You don't have to perform your way to Him; coming honestly is the way in.*

PSALM 34:18

Close to the broken

The Lord stays near to the brokenhearted and rescues those crushed in spirit. — The end of yourself isn't the end — it's where He shows up.

JAMES 4:6

Grace flows downhill

God opposes the proud but pours out grace on the humble. — Pretending you're fine blocks the very help you need.

02 MATTHEW 5:4 · THOSE WHO MOURN

I DON'T HAVE TO HIDE WHAT HURTS.

PSALM 30:5

Morning is coming

Weeping may last for the night, but joy comes in the morning. — The pain is real, but it doesn't get the final word.

ISAIAH 61:2-3

Beauty for ashes

God comforts those who grieve and trades their ashes for beauty, their mourning for gladness. — He doesn't waste your pain; He restyles it.

2 CORINTHIANS 1:3-4

Comforted to comfort

God comforts you so you can comfort someone else. — The thing that hurt you becomes how you help a friend later.

03 MATTHEW 5:5 · THE MEEK

MY WORTH ISN'T IN BEING THE LOUDEST.

PSALM 37:11

The humble inherit

The meek inherit the land and enjoy deep peace, while the pushy burn out. — Quiet confidence outlasts the need for attention.

1 PETER 3:4

What God treasures

A gentle and quiet spirit is precious in God's sight. — The thing the feed overlooks is the thing He treasures.

MATTHEW 11:29

Jesus' own posture

Jesus calls Himself gentle and humble in heart, and gives rest to the soul. — Gentleness isn't weakness; it's where peace lives.

04 MATTHEW 5:6 · HUNGER & THIRST FOR RIGHTEOUSNESS

I WANT WHAT'S REAL MORE THAN WHAT'S POPULAR.

PSALM 42:1-2

Thirsty like a deer

Like a deer desperate for water, your soul can thirst for the living God. — What you crave is what you'll chase.

JOHN 6:35

The bread that fills

Jesus says whoever comes to Him will never go hungry. — Approval leaves you empty; He actually satisfies.

PSALM 107:9

He fills the hungry

God satisfies the thirsty and fills the hungry with good things. — Bring real hunger to God and He fills it.

05 MATTHEW 5:7 · THE MERCIFUL

I LEAD WITH GRACE, NOT GOSSIP.

LUKE 6:36

Mirror the Father

Be merciful, just as your Father is merciful. — You hand out what you've been given.

JAMES 2:13

Mercy beats judgment

Mercy triumphs over judgment. — Choosing grace over the group chat puts you on the winning side.

EPHESIANS 4:29

Build, don't bury

Say only what builds others up, never what tears them down. — Your words can crown a girl or cut her. Choose.

06 MATTHEW 5:8 · PURE IN HEART

I GUARD MY HEART, NOT JUST MY IMAGE.

PSALM 24:3-4

Clean hands, pure heart

The one who stands in God's presence has clean hands and a pure heart — no double life. — What's inside matters more than the image you post.

PSALM 51:10

Ask for the reset

David prays, "create in me a clean heart, God." — Purity isn't willpower; it's something you ask God to build in you.

PROVERBS 4:23

Guard it

Guard your heart, because everything flows from it. — What you let in is what comes out.

07 MATTHEW 5:9 · PEACEMAKERS

I BRING PEACE INTO THE ROOM.

ROMANS 12:18

As far as it's on you

As far as it depends on you, live at peace with everyone. — You own your side, even when you can't control theirs.

JAMES 3:18

Peace grows good fruit

Those who sow in peace reap a harvest of righteousness. — Drama plants chaos; peace plants something that lasts.

ROMANS 14:19

Chase what builds

Go after the things that make for peace and build others up. — Be the one who settles the room, not the one who stirs it.

08 MATTHEW 5:10-12 · PERSECUTED FOR RIGHTEOUSNESS

I'LL STAND FOR RIGHT, EVEN IF I STAND ALONE.

2 TIMOTHY 3:12

Comes with the territory

Everyone who decides to live for God will face some pushback. — Opposition isn't a sign you got it wrong.

1 PETER 4:14

Insulted for His name

If you're insulted because of Christ, you're blessed, because God's Spirit rests on you. — Their mockery is actually a marker of His favour.

ROMANS 8:18

The math works out

Present struggles aren't worth comparing to the glory coming. — Don't trade a crown that lasts for approval that won't.