

SCRIPTURE DEEP DIVE

EPHESIANS 6 : 10-18 · NIV

BACK IT UP IN THE WORD

3 SUPPORTING SCRIPTURES FOR EVERY PIECE OF THE ARMOUR

The armour isn't six lucky charms. Every piece is something God has already said and done about you, backed up all through Scripture. And don't forget the fight: **it was never against flesh and blood**. The enemy goes after your identity, your joy and your peace — so these supporting verses arm you with what's actually true.

HOW TO USE THIS

Read the declaration piece first, then dig into the supporting scriptures here. **Don't just read the reference — open your Bible and read around it.**

Ask: "Which lie does this piece of armour shut down for me?" One piece per day for six days is a solid plan.

01 EPHESIANS 6:17 · HELMET OF SALVATION

I GUARD MY MIND WITH WHAT GOD THINKS OF ME.

2 CORINTHIANS 10:5

Take thoughts captive

*We demolish arguments and take every thought captive to obey Christ. — A*

*thought isn't automatically true just because it showed up.*

*Arrest it and check it against God.*

ROMANS 12:2

Get a new mind

*Don't be shaped by the world; be transformed by the renewing of your mind. — You change*

*from the head down, not the outside in.*

1 THESSALONIANS 5:8

The helmet itself

*Put on the hope of salvation as a helmet. —*

*Knowing you're saved and secure is literally*

*head protection against the enemy's lies.*

02 EPHESIANS 6:17 · SWORD OF THE SPIRIT

I FIGHT LIES WITH WHAT GOD SAYS.

HEBREWS 4:12

Alive and sharp

**God's word is alive and active, sharper than any double-edged sword. — It's not a dusty book; it's a weapon that cuts through lies.**

MATTHEW 4:4

How Jesus fought

*When tempted, Jesus answered, "It is written..." — He didn't*

**debate the enemy; He quoted the Father.**

*Copy that.*

ROMANS 10:17

Faith comes by hearing

*Faith grows from hearing the message about Christ. — The*

*more you hear what God says, the stronger your swing gets.*

03 EPHESIANS 6:16 · SHIELD OF FAITH

I BELIEVE WHAT GOD SAYS OVER ME.

HEBREWS 11:1

What faith is

**Faith is confidence in what we hope for and assurance about what we don't yet see. — It's**

*trust with its boots on, not wishful thinking.*

2 CORINTHIANS 5:7

Sight isn't the boss

*We live by faith, not by sight. — What you can*

*see right now isn't the final word; what God said is.*

1 JOHN 5:4

Faith wins

*Everyone born of God overcomes the world, and the victory is our*

**faith. — The shield doesn't just block — it wins.**

04 EPHESIANS 6:14 · BREASTPLATE OF RIGHTEOUSNESS

I SEE MYSELF THE WAY GOD SEES ME.

2 CORINTHIANS 5:21

The great swap

*God made the sinless One to be sin for us, so*

**that we could become the righteousness of God. — You didn't earn**

*this standing; Jesus traded for it.*

ROMANS 8:1

No condemnation

**There is now no condemnation for those who are in Christ Jesus. — The case**

*against you was dropped. Stop reopening it.*

PHILIPPIANS 3:9

Not my own

*I want a righteousness that isn't my own effort, but comes through*

*faith in Christ. — Your right standing rests on Him, not on your last 24*

*hours.*

05 EPHESIANS 6:14 · BELT OF TRUTH

GOD'S TRUTH IS THE ONLY TRUTH I BUILD ON.

JOHN 17:17

Defining truth

**God's word is truth. —**

*Not a truth, not your truth — the truth that*

*everything else gets measured against.*

JOHN 8:32

Truth frees

*You will know the truth, and the truth will set you free. — Lies cage*

*you; truth is what cuts you loose.*

JOHN 8:44

Know the liar

*The devil is a liar and the father of lies. —*

*Lying is his native language, so when you hear accusation and shame, consider the source.*

06 EPHESIANS 6:15 · SHOES OF PEACE

I WALK IT OUT IN PEACE.

ROMANS 16:20

Under your feet

**The God of peace will soon crush Satan**

**under your feet. — The same feet you fit with**

*peace are the ones the enemy ends up under.*

JOHN 14:27

His peace given

*Jesus says, "My peace I give you" — so don't let your heart be troubled*

*or afraid. — This peace is a gift you carry, not a mood you wait for.*

ISAIAH 52:7

Beautiful feet

*How beautiful are the feet of those who carry*

*good news of peace. — Wherever you walk,*

*peace should show up. Be that girl.*