

How to have a more successful New Year Part 5 handout

Make the Next Move

Joshua 1:6-8 (NKJV)

1. Do something!

A. We are all now crew.

B. For example, you got into a fuss with your mother in law, and she lost it and screamed at you.

C. You may not be responsible for your Mother in law screaming at you but you are responsible for owning your queasiness.

D. Successful people do something, they never do nothing.

E. You might think "Well I didn't cause the problem, so it's not up to me!"

F. Successful people ask "how can I make this situation better."

G. Psychology recognizes a perspective called locus of control.

H. To wait for others to make your decisions is to make you dependent upon them emotionally.

I. As long as the power to change is on the inside, I can choose to change or make steps towards changing.

J. We even make excuses to not taking action to improve situations: "But what if they won't listen to me?"

K. Successful people think "well if they don't listen, I'll get someone they love to mediate,

L. Successful people wait to resolve conflict when it's wise to wait.

M. Successful people don't stall out over some feared, anticipated hypothetical outcome. *"To say you have no choice is to relieve yourself of responsibility."* Patrick Ness

2. Life improves when responsibility improves

"Action springs not from thought, but from readiness for responsibility." Dietrich Bonhoeffer

A. Responsibility is more than just "doing your duties",

B. Philosophical and psychological responsibility means much more than that.

- C. **Who is at fault is not the big issue, ownership is the big issue.**
- D. **Others may bug me, but my bugged feelings don't belong to them, they're all mine.**
- E. **When you own your feelings then you take responsibility for them, and change them.**
- F. **You quit whining about how much you've been hurt, how bad you were treated, and you make moves to change it?**
- G. **There can be no true freedom without responsibility "owning" your feelings and responses to life.**
- H. **"No man is free who is not master of himself."** Epictetus. When you take greater responsibility for your actions and reactions, life can improve and freedom can be gained in:

3. Live a make the next move life

"The price of greatness is responsibility." Winston Churchill

A. Don't let life's chess game stop because you won't make your next move.
"Optimism is a strategy for making a better future. Because unless you believe that the future can be better, you are unlikely to step up and take responsibility for making it so." Noam Chomsky

B. When there's a breach in a relationship, figure out what you can do to repair it:

C. With a dating life that's not working:

D. Don't fall into the old standby "If God wanted me to marry He would have sent someone my way."

E. "If God wanted me to make more money He would see that I made more." Then where does the command "be fruitful and multiply" come in. We are co-laborers with God.
"The right thing to do and the hard thing to do are usually the same". Steve Maraboli

F. Too many of God's people are playing the role of passengers instead of crew while wondering why they're not seeing more fruitfulness and harvest in their lives.

G. Are you a passenger here at CLC or a crew member?