

Hunger and thirst for more in 2024 is our theme for this year.

After 40 days of fasting, hungering and thirsting for both food and water the devil tempted Jesus, by asking Him to prove He was the Son of God, by turning bread shaped stones into bread.

Jesus answered the devil by quoting Scripture, saying; “man does not live by bread alone but by every word that proceeds out of the mouth of God.”

If we want to hunger and thirst spiritually we must make hearing God’s spoken Word a priority in our lives. Jesus was led of the Spirit into the wilderness to fast and pray.

Not having natural food is one way God uses to create spiritual hunger. Satisfied and indulged flesh doesn’t spiritually hunger and thirst. Hunger in the natural parallels hunger in the spiritual.

The word fasting can be defined as the practice of self denial. Fasting does not make our spirit stronger, it makes our flesh weaker so that it doesn’t dominate my spirit.

Fasting also makes our spirit hunger and thirst. Jesus was led by the Spirit into the wilderness to fast and pray in preparation for the temptations of the devil.

He responded to each temptation with the Word of God. The Word spoken by the Spirit made Jesus strong enough to resist and overcome every temptation.

As a matter of fact the Bible says Jesus returned in the power of the Spirit! It was only after He hungered and thirsted that He was empowered with the Word and Spirit.

Not only to overcome the devil’s temptations, but it also launched Him into the realm of the miraculous!

He returned in the power of the Spirit and turning the water into wine and continued to perform miracles.

I think we can miss the obvious here- Jesus spiritual hunger was ignited and fulfilled when He fasted and prayed!

I think that during this 40 days of fasting and prayer we need to ask the Lord to give us a greater hunger and thirst for His spoken Word, and believe that we will move forward with greater fellowship and power of the Holy Spirit!

Where in your life do you need to hear a spoken Word or Words from God? Perhaps you need a spoken Word about a weakness in your life that needs strength?

Where in your life do you need a miracle or healing requiring greater Holy Spirit power? Are there loved ones that need to come to Christ? Ask the Lord to reveal Himself to them!

Perhaps you need a healing in your marriage, ask Him for it?

Do you need supernatural provision or a financial miracle? Maybe you need direction in an area or in areas of your life? Ask Him!

Do you need God to give you illumination from His Word? If you've been reading your Bible but not getting much out of it, ask Him for it!

Do you need wisdom for some things you need to do, but don't know how or what to do? Ask Him, for it's His desire to give you wisdom and every good gift in your life.

We don't spiritually hunger and thirst just for the sake of hungering and thirsting. We hunger and thirst for interactions with God.

The reality of God moving in our life is ignited when we make a decision like Jesus did. He withheld natural hunger until it released spiritual hunger for His Father and the Holy Spirit to become activated powerfully in and through His life.

I want to challenge you to step out in faith, fasting and praying for spiritual breakthrough during this season of fasting and prayer!

Be specific about what you want God to do and seek His intervention, provision and breakthrough. If that's what you'd like to do, then I'm going to ask you to pray a prayer with me:

Heavenly Father, I am asking You to give me a spiritual breakthrough by increasing my spiritual hunger and thirst for more of you in my life!

Illuminate Your Word, speak to me, give me wisdom and guidance. Release the miraculous and raise my expectations for breakthrough and Holy Spirit power in my life in Jesus's name, Amen