

How to have a more successful New Year handout

Joshua 1:1-9 (NKJV)

1. Success can happen before you are completely healed and whole.

- A. We have all heard a lot about how we can improve life if we improve ourself.
- B. There may be things we need to resolve from our past and come to grips with that are at the root of our depression, fears and anxieties.
- C. Counselors, therapists, mentors, life coaches help people feel better and relate better and become better people.
- C. Changing our equipment really works.
- E. But when we focus only on our health and development to the exclusion of strategies that we need to live by and for, we can lose our vision beyond ourselves.
- F. We can learn strategies and patterns for successful living that give us success and better relationships before we are whole and complete.
- G. God didn't give Joshua a counselor, therapist, mentor or coach to help him fix himself.
- H. Denise and I were saved back in 1974..

2. Success has a pattern not a personality

- A. A pattern is not something we feel or even desire, it's something that works when you simply do it.
- B. Don't think that successful people are all successful because they have it all together.
- D. Good news flash - you don't have to have it all together to have great success.
- E. Therapy or counseling may just show you how to enjoy your success and not struggle with things, relationships and issues that still remain unhealed or resolved. "Growth is not only about getting healthy but about learning ways of living as well." Dr. Henry Cloud
- F. There are things successful people do that can be done by anybody who's willing to learn.

3. Success can be learned if you're willing to learn

- A. Healthy people can fail to practice ways that make life succeed.

B. I've learned many of the ways of success from people who were depressed at the time, or working through trauma or anxiety.

C. Sometimes I've been amazed at how noble some people can be who are suffering significant emotional pain and distress.

D. Yet on the other hand I'm also amazed at how many emotionally healthy people continue to make the same mistakes over and over because they can't see the patterns that are obviously there.

E. They own declining businesses that aren't up to date technologically, don't follow current practices.

F. Don't get me wrong, I'm not in any way putting down personal growth and well being.

G. Just as Jesus' disciples learned from being around Jesus the Word.

H. Learn from others who follow successful patterns.

I. Sometimes we forget that Jesus is the Lord of the harvest and He's expecting us to learn the patterns of successful harvest.

John 4:27-38 (NKJV)

K. What are you doing about the harvest?

L. We can't put off the harvest until all our equipment is fixed.

Malachi 3:8-10 (NKJV)