

How to have a more successful New Year Part 3 handout

Fix It Or Let It Go

Joshua 1:6-9 (NKJV) Matthew 25:14-30 (NKJV)

1. Don't allow negative influences to bury your dreams and desires.
 - A. That means digging them up and facing your fears, take some risks until you overcome them.
 - B. Sometimes you just have to fix the tooth or get it pulled.
 - C. Procrastination requires frequent attention and maintenance.
 - D. Successful people are constantly making room for their dreams to manifest.
 - E. There's no better time for Spring cleaning than January.
 - F. Some things are just a drain on our finances.

 - G. What are you spending money, time and energy on that isn't really benefitting you?
 - H. Too many of us are just aiming for what doesn't hurt, loose money, or cause trouble.
 - I. But we have to make room for it. Philippians 4:8 (NKJV)

2. Don't allow other things to steal your time and drain your energy.
 - A. Everything you have in life takes your time and energy.
 - B. Relationships are an important part of our lives and we may have to decide if serious problems can be resolved or if we move on without them.
 - C. Successful people don't hold onto bad stuff long.
 - D. Have you ever gotten spoiled milk at a restaurant?
 - E. Everyone comes into possession with negative things, unprofitable, hurtful and dysfunctional things and relationships.

3. Don't let ignorance or not knowing what to do delay you.
 - A. According to Dr Henry Cloud "There are two levels of problems." Minor League Problems and Major League Problems
 - B. Minor league problems were things like a tooth ache. 1Corinthians 6:12 (NKJV)

C. Major League problems on the other hand is facing things that are truly negative and either figuring out that they can't be fixed and letting them go.

D .Stop the negative energy drain now!

E. Focus on things that are life giving.

F. To let go of a relationship doesn't always mean you lost hope.

Galatians 6:7 (NKJV) Ecclesiastes 3:1 (NKJV)

Things, relationships I need to fix, restore, repair:

Things or relationships I need to let go;