

Do you allow God to fill your cup and satisfy your thirst?

We will all face trials and tribulation, but will you be ready when trouble comes your way? It's not a matter of if it will come, but when, and will you be ready? In order for us to be ready when it comes, we need to spend time with God daily. We need to have a foundation in the word of God and know him. Just like if you have a new baby, you need to spend time with him to feed, nourish him and get to know him to the point where you know what each cry is.

We can increase our hunger for Christ by worshipping him in the good and bad times. When we feel like it and when we don't, the sacrifice of praise. He will fill us up when we come to him; he will sustain us through it all.

Soak in the word of God like the tree planted by the water who's constantly being nourished. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong, Ephesians 3:17. The deeper our roots, the more we're able to stand firm in Christ when struggles occur, and not be influenced by the worldly things.

I know from experience that worshipping him while in dark times helps to give us strength to get through it. No matter what problems we face, God is still on the throne and still reigns. He's worthy of worship because of who He is, and we need to focus on him not the issues that we're facing. When my life as I knew it came crashing down on me like a tidal wave, leaving me in devastation, the only thing I could do is worship God for who he is and not the struggles of my life. I would sit and listen to God's words and let his words sink into me and fill my cup each and every day.

God states he'll always be with us and nourish us. Isaiah 58:11 states, The Lord will always lead you. He will meet the needs of your soul in the dry times and give strength to your body. You will be like a garden that has enough water, like a well of water that never dries up. Experience God's goodness through worshipping & singing to him, which will give you strength to endure the adversities of life. Let him quench your thirst and fill you.

This past year has been the worst year of my life. Losing my son was like a major volcanic eruption leaving a massive crater in my heart. I've lost other loved ones, but nothing compares to losing a child. It's like your insides are ripped out and left totally empty with nothing to satisfy the hunger & thirst, but God. My strength to continue each and every day has come from God. The more that I'd worship God, the more he'd fill my cup. I'd like to encourage you today to worship God because of who he is and not your circumstances.

Let's pray.

Lord Help us to hunger & thirst for more of you. Give us strength each and every day to follow you and your ways. We ask for your guidance, wisdom, knowledge, understanding and revelation. Give us the desires of your heart as we hunger and thirst for more of you. Show us your ways Lord. Help us to do your will each & every day. We thank you for today and for quenching our thirst. Amen.