Message:



**Genesis 2:15-25** 



#### This Message & Others can be found at: <a href="https://www.mycrossfire.com">www.mycrossfire.com</a>

Acknowledgments: Celebration of life for Rel, Lunch & Chairs - Motorfest & Yard Sale! Small Groups!

**Introduction:** I realized I was lonely. Not for people to care for but for those who genuinely care for me!

## 1. Life Drains Us, We Need a Continual In Filling of the H.S

Luke 5:15 However, the report went around concerning Him all the more; and great multitudes came together to hear, and to be healed by Him of their infirmities. 16 So He Himself *often* withdrew into the wilderness and **prayed**.

HOW DO YOU COPE WITH THE DEMANDS, WITH THE OUTPOURING, WHEN IT ALL SEEMS LIKE TO MUCH OUT AND NOT ENOUGH IN?

## 2. We Must Rebuild: Family Life, Morals & Family Structure

Genesis 2:**15-25. 18** And the Lord God said, "*It is* not good that man should be alone; I will make him a helper **comparable** to him.".....

21 And the Lord God caused a deep sleep to fall on Adam, and he slept; and He took one of his ribs, and closed up the flesh in its place. 22 Then the rib which the Lord God had taken from man He made into a woman, and He brought her to the man.

23 And Adam said: "This is now bone of my bones, And flesh of my flesh; She shall be called Woman, Because she was taken out of Man."24 Therefore a man shall leave his father and mother and be [cling] joined to his wife, and they shall become one flesh.

#### WHAT IS A MAN AND A WOMAN?

# The epidemic of loneliness:

## 3. Keep Your Soul By Being Led In Unity, By The Holy Spirit

Is. 41:10 Fear not, for I *am* with you; Be not dismayed, for I *am* your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

Loneliness is a sign of a problem, Like Appendix Pain!

# 4. The <u>Trinity</u> of Overcoming Loneliness: For Yourself & Others

Matthew 11:27-30

27 All things have been delivered to Me by My Father, and no one knows the Son except the Father. Nor does anyone know the Father except the Son, and *the one* to whom the Son wills to reveal *Him.* 28 Come to Me, all *you* who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke *is* easy and My burden is light."

# **Conclusion:** You May Be Lonely From Time To Time but You Never are Alone! Keep Your Spirit Led Focus On the Truth & Never Be Alone Again!

Stop and Have some friendships, stop and receive so you have something to give.

What did I LEARN most?
How will I LIVE out what I Learned?
How can I GIVE it, or help someone else with what I have learned?
Choose to be a Life–Giver, This Week In This Way?