Message:



Scripture Text: 1 Timothy 4, Matthew 4, James 1



This Message & Others can be found at: www.mycrossfire.com

Announcements: SYATP 24, All Church Meeting, 17, 9/11 1st responders Event 11, movie 9, AG breakfast 9, Ag Concert 8

Introduction: Play the Series Review

REVIEW: There is a Pathway of Spiritual Warfare SPIRIT, SOUL, BODY, The Flow of Victory

2 Corinthians 10:1-6

1. PATHWAYS: your on the right one or the wrong one, Physical, Mental Must Begin Spiritual

What Path are you on and where it starts and goes matters?

1 Timothy 4:1-16

2. What Is Your Core Operating System?

Mathew 4:1-4

- * Our devotional life isn't just a Spiritual Discipline but it is a source of Life Spiritually, Mentally & Physically!
- * The Word of God, Meditation and Communion with Jesus is Everything that really matters because it resets and puts the rest into order. True Alignment!
- * When we Start with the Word of God and letting it lead us by the Holy Spirit we rewire our mind that releases the needed chemicals to reset our whole system.

3. Our Circadian Rhythm Is To Be Led By TheSpirit

Cortisol will have effects on it, but it's not what leads it!

What if we were not lead by the flesh but by God, His Spirit and His Words began to lead our chemicals!

Scriptures like: Psalms 23:2, 1 Corinthians 13:4, Matthew 11:28

These become living Words that release the chemicals!

Philippians 4:8, Mathew 6:34, Proverbs 11:1

4. Your Input Matters: Daily Bible Reading and Prayer Cause Some THINGS:

Bible society report shows that: 63% of lower rate of clinical depression, 41% stronger marriages, 3 times less job loss

Cognitive Renewal: Romans 12:2, Psalms 119:11

Emotional Recalibration: Philippians 4:7, Psalms 35, Psalms 46:10

Occupational Reformation: Colossians 3:23 Psalms 139:14

Relational Resets:1 Corinthians 13: Ephesians 4:25-32, Gal 3:28, Rev 7:9

5. Incarnation of your Mind, Put It To Use, when Gods Word changes things, it will change your thoughts, life and destiny & Eternity

- A. Receive: James 1:21 Receive the Implanted Word of God
- B. **Incubation:** Psalms 27:14 Wait[wait in faith believing] on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!
- C. Incarnation: John 1:14 the Word became flesh and dwelt with us and eventually in us by THE Holy Spirit
- **= His Rhythm of Mind,** Will and Emotions become Our Rhythm = Becoming More Like Him

James 1:1-27.

* IT ALL STARTS WITH A COMMUNION IN CHRIST!!!!

Conclusion: What we do in the Spirit, Soul Body, Starts in Christ

Vhat did I LEARN most?
low will I LIVE out what I Learned?
low can I GIVE it, or help someone else with what I have learned?
Choose to be a Life-Giver. This Week In This Way?