# Message: He Touched Me 2

#### **Scripture Text:**

ISAIAH 52:1-15; 40:25-41 Romans 14:14-17, 1 & 2 Timothy



This Message & Others can be found at: www.mycrossfire.com

MESSAGE

**Acknowledgments: Christmas Eve Candle Lighting Service, New Years & Concert** 

REVIEW: Romans 10:14-17

WE ARE CALLED TO BE HIS HANDS AND FEET ----->>>

# 1. You Must Know The Power of His Touch - No On & Nothing Like Him!

a. God Has No Equal, Not You or The Enemy

Isaiah 40:25-31

b. Your Personal to Him - You Matter to Him

Isaiah 40:26

c. He Hasn't Forgotten, Be Patient, Your Blessing Is On It's Way

Isaiah 40:27-28

d. He Has Brought You To Spiritual Strength It Will Cause You To Overcome

Isaiah 40:29-30

2. His Touch is Strength, It's Found In Him - Draw From Him

Isaiah 40:31

\*STORY: Guy With No Hands - It's as if I didn't have hands!

# 3. When You Touch Him, You Draw Something Out of Him! Faith Draws the Power You Need From the God You May Not Yet Know Luke 8:40-54 (Mark 5:)

# 4. How Are You Touching Him? Do You Draw From Him?

Luke 8:47-51

<b>? WHY LIMIT WHO WENT IN?</b>	
Luke 8:52-56	

## **5. You Have Been Touched to Touch Others:**

#### **Psychology of Touch:**

When someone touches you properly, (WHEN TOUCHED IMPROPER HAS IT'S OWN ISSUES) you hardly notice it at all, but what happens inside your body is a massive change. Physical contact releases dopamine, oxytocin, and serotonin in your brain [5]—the happy chemicals. At the same time, it lowers your cortisol levels—the stress hormone—which slows your heart rate, reduces feelings of stress, and lessens the fight or flight reaction you may be having. Basically, you relax!

## **\*STORY: YOU MAY BE THE ONLY TOUCH THEY GET ALL WEEK**

## **6. We Were Called To Touch:**

1 Tim 4:12-16; 2 Tim 1:6-7

# **Conclusion: Be Touched By Him, So Your Touch Is Eternal:**

1 John 1-3

### **GET (RECEIVE) & GIVE!**

What did I LEARN most?
How will I LIVE out what I Learned?
How can I GIVE it, or help someone else with what I have learned?
I Choose to be a Life-Giver. This Week In This Wav?