Life Group Notes

James and 1 John - Session 3



These notes have been put together to be used in Life Groups alongside the Sunday teaching at Wavertree. This week we are covering the power of words and wisdom.

These topics interlink, as we can use our words best when we speak with wisdom, but your group might choose to do one topic or both.

THE POWER OF WORDS

READ: James 1:19-21 & 3:1-6

DISCUSS: What you notice from the passages?

- what jumps out?
- what challenges you?
- what questions do you have?

"For whatever is in your heart determines what you say."
Matt 12:24

REFLECT:

- What positive words would you use to describe yourself?
- Can you think of some times recently when positive things have been spoken over you?
- How does it make you feel /respond?

HEART HEALTHCHECK:

Words have the power to bring life or death.

Think of a situation/ person/ topic where your words at the moment are negative.

Reflect or discuss, what is going on in your heart, what are you feeling deep down?

What is God saying to you about this situation / person/ topic?
How could you being to speak words of life?

WISDOM - traits of a wise person in James 3:13-4:10

- 1. Peace loving -knows how to disagree well
- 2. Without envy
- 3. Gentle
- 4. Pure motives, not selfish ambition
- 5. Merciful
- 6. Impartial fair, in the Greek 'wholehearted'
- 7. Humble
- 8. Head a healthy fear of the Lord
- 9. Meek
- 10. Seeks advise from wise people

What are your thoughts and feelings about this list?

DISCUSS:

Who is the wisest person you know?

What makes them wise in your eyes?

GROUP WORK:

Helenor gave us some examples of worldly and Godly wisdom in different areas of our lives - work, relationships, church

Discuss challenges you are facing at the moment.

- Do you know what the worldly wisdom is?
- Do you know what the bible says about this? can you find some scriptures to support this view?

LISTEN:

Growing into Christlikeness is hard. Allowing God to shape us means being humble and surrendering our own will, which can be a painful process. We don't do this alone, God through the Holy Spirit draws close strengthening and empowering us, and He is worthy.

Close by listening to Who Else