

The Gospel of *Matthew*

Session 4



These notes have been put together to be used in Life Groups alongside the Sunday teaching at Wavertree. This week we are looking at Matthew 10 and how Jesus has compassion for the crowds, calls us to pray, and sends us out with His authority.

**You can choose to do all of the activities or select just some.
You could begin by sharing what stood out from Jack's talk.**

When he saw the crowds he had compassion on them because they were confused and helpless like sheep without a shepherd
Matt 9:36

***“Here I am, Lord
— send me.”
Isaiah 6:8***

STARER DISCUSSION: 5–10 minutes

If Jesus stood in front of you this week and said, *‘I’m sending you,’* where do you think He’d send you — your workplace, street, school, or someone specific?

- Everyone try and give a quick, one-sentence answer.
- Share one small way you’ve seen God at work through you or someone else this month.

1. COMPASSION (15 Minutes)

READ: Matthew 9:35-10:8

“When He saw the crowds, He had compassion on them.”

1. What do you think “harassed and helpless like sheep without a shepherd” looks like in our city today?
2. Compassion is not pity; it’s co-suffering. When have you last felt compassion that moved you to action?

Reflective Activity:

- Invite a short moment of silence.
- Ask everyone to picture one person or place where they see brokenness.
- Pray silently, “Lord, give me Your compassion for them.”

2. THE CALL TO PRAY (15 Minutes)

Jesus doesn’t first say “Go” – He says “Pray.”

DISCUSS:

1. Why do you think prayer is the starting point of mission?
2. What might change in our church or city if prayer truly became our first instinct?
3. How can we practically pray for “workers in the harvest”

PRAY:

In groups of 3, spend 5 minutes praying for God to move in our city, and wherever you spent your time - workplace, school, home etc

3. GO (15 minutes)

READ: Matthew 10:16–20

DISCUSS:

1. What fears hold you back from fully sharing or living for Jesus?
2. Jesus says “Do not be afraid” three times – how can our group support one another in courage and faith?

Group Activity :

- Everyone write one fear on a note card
- As a group, place them in a bowl or basket and pray over them:

“Lord, replace our fear with faith. Send us in Your authority, not our own.”

REFLECTION: (15 Minutes)

“Whoever loses their life for My sake will find it.” Matt 10:39

Play quiet worship music or allow space for journaling:

- Invite people to reflect on what it means to lose our life for the sake of Jesus.
- Invite people to pray, “Here I am, Lord — send me.”
- Encourage each person to identify one next step:
 - 🙏 A specific person or place to pray for
 - 💬 A conversation or act of kindness they’ll do
 - 💡 A personal step to confront fear or apathy

Pray together to close:

“Lord of the Harvest, give us Your compassion for the crowds, courage in the face of fear, and confidence in Your authority. Send us out to bring hope, healing, and Your kingdom to every place we go. Amen.”