

The Gospel of *Matthew*

Session 6



These notes have been put together to be used in Life Groups alongside the Sunday teaching at Wavertree. This week we are looking at Matthew 16-17 and what it means to declare that Jesus Christ is Lord.

“who do you say I am?”

Matt 16:15

ICE BREAKER: 5 Minutes

Share: What's the most **important, unusual or most repeated** question you have ever been asked?

READ: Matthew 16:13-20

Read it slowly, either get one person to read it through, or take one verse each round in a circle.

Reflect for a moment, allow people time to read it again for themselves

DISCUSSION: 20-30 minutes

The Two Questions of Jesus

Question 1 “Who do people say the Son of Man is?” (v.13)

Discuss:

- What are some common things people in our culture say about Jesus today? (e.g., good teacher, prophet, myth, moral example)
- How can these opinions influence the church — or us personally? Think of positives and negatives.
- Why is it not enough for Jesus to be a “good man”? What happens to Christianity if Jesus is not God?

Question 2 “But what about you? Who do you say I am?” (v.15)

This question reveals the heart. Discuss:

- Why is this question personal rather than academic?
- Has there been a moment when Jesus’ identity felt “revealed” to you rather than just taught?
- What does it mean for me to say, “Jesus is Lord!”?
- Why does Jesus being God make him the only one who can be:
 - Lord** — worthy of worship and obedience
 - Saviour** — able to conquer sin and death

REFLECTION: 5-10 Minutes

- Give everyone silence to reflect on Jesus’ question: “Who do you say I am?”
- Invite one-sentence answers: “Jesus, to me, is...”
- Invite each person to pray: “Jesus, you are my Lord, my Saviour, and my God.”