

Life Group Notes

James and 1 John – Session 4



These notes have been put together to be used in Life Groups alongside the Sunday teaching at Wavertree. This week we are covering the topic of praying and persevering with patience and endurance from James 5:7-20.

v7 – the farmer waits patiently for the rains and “you too be patient”

Patience: The ability to bear trials without anger or despair, rooted in hope.

v11 - As you know, we count as blessed those who have persevered. You have heard of Job’s perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

Endurance: Remaining under pressure with faithfulness.



DISCUSSION - 25 minutes

Taluwa said that patience leads to maturity, that **“It’s not about what you are waiting for but who you are becoming in the process”**

- How do the ideas of patience and endurance make you feel?
- Does your group have any stories - funny or serious - of waiting patiently and finally getting something, or of enduring challenge?
- Can anyone share how God has changed them in the waiting process?

HAVE A TIME OF COMMUNION AND PRAYER - 25 minutes

Start by reading James 5:13-18.

This passage encourages us to pray in all seasons. In Life Groups we are able to walk the life of faith together in honesty and supporting one another in prayer. These relationships are precious and help us as we wait and learn

We recommend you take communion together as a group. You might want to be still for a moment and confess any sin that comes to mind to one another. Then thank Jesus for the blood He shed to win the victory over the powers of sin and death.

Share in groups of 3-4 what you are praying for.

Spend time praying for one another remembering we fight against principalities and powers (Eph 6).

Listen to Holy Spirit and speak words of encouragement over one another.

