



FROM THE BIBLE

Song of Songs 5:2-3 (NLT)

Song of Songs 5:5-6 (NLT)

Song of Songs 5:10 (NLT)

Song of Songs 6:4-6 (NLT)

MESSAGE TO CONVERSATION GUIDE

Rom Com | The Fight

1. In this message, Joel started out by talking about how, when he was a kid, his dad dreamed that he'd grow up to be a Green Bay Packers fan, a tennis player, a lawyer, and a hunter. None of which happened. But what's a dream somebody had for you or that you maybe have for your kid(s) if it applies?
2. This message was called, *The Fight!* In Song of Songs, we shift from this couples highlight moments in chapter 4 and then they launch right into a fight in chapter 5. How can this happen in our relationships (not just romantic relationships)?
3. Read Song of Songs 5:2-3. Solomon's wife had locked him out of the bedroom and she was restless because of their fight. What kind of thoughts and feelings do we have in the middle of a fight?
4. The 1st point in this message on fighting was to *attack the problem, not the person*. Discuss what that looks like and what that doesn't look like? Is this a strategy you could benefit from?
5. The 2nd point in this message on fighting was to *acknowledge the hurt*. Read Song of Songs 5:5-6. After telling her husband to leave, she was upset when he actually did leave. Sometimes we get 'hurt' in relationships when our expectations don't meet the reality. That gap can cause 'hurt'. Discuss this concept.
6. Discuss this point from the message, *if you don't deal with your heart, eventually, you'll bleed onto the people in your life who didn't cut you*.
7. The 3rd point in this message on fighting was to *go to wise people for advice*. What qualities makes someone a good person to go to for advice?
8. The last point in this message on fighting was to *forgive early & often*. In that section, we said, *you can hold onto a grudge or you can hold onto a person, but it's really hard to do both*. Talk about these concepts.
9. Read Song of Songs 6:4-6. This couple forgave each other. Joel shared a Forgiveness Challenge if you are struggling to forgive. The idea was, you'll pray for God to bless the person who offended you & for God to soften your heart towards them for 30 days. Talk about why that angle may help move the forgiveness needle.