

My Big Fat Mouth Part 4 Profanity

Message to Conversation Guide

1. Discuss some of the facts about profanity that are listed below? In your experience of living do you find this is true of many people?

- *The average American utters their first curse word of the day **at 10:54 a.m.***
- *One in four Americans who **can't get past 9 a.m.** without cursing most days, while the majority of respondents swear before 11 a.m.*
- *Cursing is the most popular way people express their frustration, with **63 percent saying that's how it manifests for them** most frequently. Yelling is another popular method of relief (49 percent), and, sadly enough, crying (39 percent).*
- *Sixty-three percent of respondents say cursing is how they express stress. Forty-nine also admit to yelling when frustration takes hold.*
- *The proportion of Americans who claim they never curse runs anywhere from 5 to 15 percent.*

2. Godly people struggle with unclean words coming out of their mouth. According to this verse Isaiah was not the only person that struggled with an unclean mouth but everyone around him did as well. Read, analyze and discuss the verse below about Isaiah.

Isaiah 6:5-7

5 "Woe to me!" I cried. "I am ruined! For **I am a man of unclean lips, and I live among a people of unclean lips**, and my eyes have seen the King, the Lord Almighty." 6 Then one of the seraphs flew to me with a live coal in his hand, which he had taken with tongs from the altar. 7 With it **he touched my mouth and said, "See, this has touched your lips; your guilt is taken away and your sin atoned for."** NIV

3. Why do you think that there is not a codified list of cuss words in the Bible to warn us about what words we shouldn't use instead the scripture gives a general warning to not use words that are corrupt and unedifying? Discuss the verse listed below.

Ephesians 4:29-30

29 Do not let any **unwholesome talk** come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. NIV

4. The primary reason that people use profanity is because they experience excessive stress and frustration in life. In our American lifestyle we experience a lot of stress each year. What are some of the things that stress and frustrate you in life?



5. Cursing comes from the overflow of what is in our hearts. Whatever we are full of will come out of our mouths. How does the scriptures below convey that if we are full of the Spirit good things will flow out of our mouths?

Luke 6:45 - 45 The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. **For out of the overflow of his heart his mouth speaks.** NIV (see **Matt 12:34**)

Ephesians 5:18-20

Do not get drunk on wine, which leads to debauchery. Instead, **be filled with the Spirit.** **19 Speak to one another** with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, **20 always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.** NIV

Acts 2:4 - 4 All of them **were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.** NIV

Concluding Thought: *What we are full of will eventually leak out of our mouth, if we are full of stress and frustration that stress and frustration may come out in crude speech if we are full of God's Spirit and peace our mouths will manifest good words!*