



FROM THE BIBLE
Psalm 55:1-5 (NIV)
Psalm 55:22-23 (NIV)
Psalm 119:105 (NIV)
Isaiah 40:31 (NIV)

MESSAGE TO CONVERSATION GUIDE

Haunted | *Haunted Hearts*

1. In this message, Joel started out by talking about scary movies. What are your feelings on scary movies?
2. This message was called, *haunted hearts*. Read Psalm 55:1-5 (yes, the word 'horror' is actually in the Bible!). Describe what it seems like is going on in the authors heart after reading this passage.
3. We sometimes equate the Bible and following Jesus with life, hope, & blessings. How does the authors words in Psalm 55:1-5 shift that perspective and why is that important?
4. The author of Psalm 55 is none other than Bible Hero...David. So the writer or Psalm 55 is also the same person that the Bible describes as *a man after God's own heart*. Why is it important to know that David also was the guy we said in this message had *a haunted heart* at times?
5. In this message, Joel used the acronym of *GHOST* to show the things that haunt our heart. **G**uilt. **H**opeless. **O**ffense. **S**adness. **T**hreat. How does these *GHOSTs* haunt us and do you have any personal experience with them?
6. There are things in addition to the *GHOSTs* described above that haunt us. However, in this message we learned that the things in life that scare or haunt us start to lose their power when we *expect them*. Discuss this idea.
7. After a pretty haunting opening to Psalm 55, read how David concluded this writing in Psalm 55:22-23. How does he end this chapter and why is that important?
8. Joel said that we can use the Bible to say *BOO!* to the very things that are trying to say *BOO!* to you and scare you. Read Psalm 119:105 and talk about how God's word can light up the darkest moments in our life.
9. Read Isaiah 40:31. In this famous verse, there is the image of an eagle that has the ability to rise or soar above any threat. How does your faith help you rise above the things in your life that try and haunt or scare or hurt you?
10. What's your one takeaway from this message or discussion?