

MESSAGE TO CONVERSATION GUIDE

Week 1 | Count Your Blessings

1. In this message, Joel started out by talking about things that make him feel *simply stressed* instead of *simply blessed*. What are some things that trigger your stress and distract you from feeling simply blessed?

- 2. How would you describe what a blessing is?
- 3. In this message, Joel said, *if you count your blessings, your blessings will begin to count.* What do you think that means and do you agree or not?
- 4. Read Luke 17:11-13. What's not a blessing that these 10 men are facing & what did they do with the situation that surely would have made them feel *simply stressed*?
- 5. When the lepers asked Jesus for mercy...they were saying, *help! We're tapped out over here!* Have you ever done that in your life?
- 6. One thing this story teaches us is, *you may not find blessing right away, but you will find blessing on the way.* Read Luke 17:14 and discuss how these lepers actions supported that idea and what could that mean for us in our life?
- 7. Sometimes, we wait on God to bless us before we trust him with the situation. Have you done this before? After answering that question, discuss this quote from the message, a lot of times, we're waiting on the miracle, but what if the miracle is waiting on you?
- 8. Another area we focused on in this message is to *count our blessings*. In our culture (and maybe in your life), do we tend to count our blessings or compare our blessings?
- 9. In this message, we said, the more we compare, the more we despair. Discuss that idea.
- 10. Read Luke 17:15-19. How did this story conclude?
- 11. Joel concluded this message by challenging us to be the one that comes back & thanks Jesus for our blessings. Let's practice that. Can you share 5 blessings in your life that you'd like to thank Jesus for?