



**FROM THE BIBLE**  
Galatians 6:7b-9 (NLT)  
Mark 4:20 (NLT)

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## MESSAGE TO CONVERSATION GUIDE

*You In 5 Years*

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1. We started this message talking about the classic question, *what did you want to be when you grew up?* How did you answer this question when you were a kid and do you remember why? Did it work out?
2. We used the question above as a springboard to answer and dream about the following question, *what do you think your life will look like in 5 years?* What's your quick reaction answer to that?
3. In this message, we tried to think ahead and ask what our lives will look like in 5 years...*spiritually, relationally, physically, & financially.* Do you have any future goals in any of those particular categories you'd like to shoot for?
4. Discuss these 2 quotes from the message, *your habits today will shape you are in 5 years* AND *we're born looking like our parents but we die looking like our habits.*
5. Read Galatians 6:7-9 and discuss what it says in the context of this discussion so far.
6. Can you give an example of reaping what you sow from a positive standpoint and also an example from a negative standpoint.
7. Read Mark 4:20. One of the areas we discussed in this message is that we reap *MORE THAN* we sow. Have you ever planted a good or bad seed and got more good or bad back than you originally planted? What happened?
8. One of the hardest parts of the concept of reaping and sowing is that the reaping often comes long after the sowing. How can the time in-between give us the false sense that it's not working and what are some strategies to stay motivated?
9. Discuss this quote from the message, *we're not changing our habits hoping that they'll change things today; we're changing our habits knowing that they'll change things tomorrow.*
10. Our takeaway question from this message was, *what habits am I going to start (or stop) doing today, to get where I want to be in 5 years.* Would you like to share any that you thought of during this message or discussion?