



FROM THE BIBLE
2 Timothy 4:6-8 (NLT)
Matthew 3:16-17 (NLT)
Ecclesiastes 5:10-11 (NLT)
John 15:12 (NLT)
Proverbs 13:20 (NLT)
Philippians 4:6-7 (NLT)

MESSAGE TO CONVERSATION GUIDE

Week 2 | Live More. Regret Less.

1. What's 1 thing you'd like to do before you kick the bucket?
2. In this message, we talked about regrets. What sort of things do people regret? What do regrets do to our quality of life?
3. Read Paul's words in 2 Timothy 4:6-8. Does Paul sound like he has many regrets at the end of his life? What did Paul have in his past that could have led to a lot of regrets & how do you think he got past that to write these words?
4. In this message we looked at the top 5 regrets of the dying. #1 was *I wish I had the courage to live a life true to myself, not the life others expected of me.* Is this a struggle for you? In what ways do we sacrifice our identity to please others?
5. The #2 regret was *I wish I hadn't worked so hard.* Work is good but we often prioritize success & money over faith & family. Read Ecclesiastes 5:10-11 & talk about practical ways to correctly prioritize, faith, relationships, & work.
6. The #3 regret was *I wish I'd had the courage to express my feelings.* They dying said that they wished they had said things like...*I love you. I'm sorry. Can you forgive me?*...more. Read John 15:12 & discuss how you can avoid this regret.
7. Read Proverbs 13: 20. The #4 regret was *I wish I had stayed in touch with friends.* Why do we lose touch with old friends? What's the longest friendship relationship you still have? Is there someone from your past you'd like to reconnect with?
8. Joel ended this message with the #5 regret, *I wish I had let myself be happier.* We talked about how we're all naturally wired differently (Winnie The Pooh, Tigger, & Eeyore). Which one are you? What happiness habit does Philippians 4:6-7 describe?



We're always looking for Bay Shore Group Leaders to use the 'Message To Conversation Guide' to facilitate a conversation about the message. Interested in starting a group? Let us know on the 'Connection Card' & we'll be in touch!