



FROM THE BIBLE
John 20:19-29 NIV
Matthew 7:24-27 NIV
John 16:33 NIV

MESSAGE TO CONVERSATION GUIDE

| _____ | Week 3 | I Have Trust Issues

1. What are your plans for Thanksgiving? What is your favorite Thanksgiving food?
2. Our message is titled, *I Have Trust Issues*. What are some ways that you can relate to that?
3. Read John 20:19-20 and 24-25. Discuss how Thomas responded to the other disciples. What had the other disciples experienced that Thomas hadn't? Why do you think he was struggling to trust that Jesus was alive?
4. In this message, we said that *Trust Issues cause us to miss out*. During the time that Thomas was doubting, how was Thomas missing out compared to the other disciples?
5. When we have issues trusting in our relationships, in God, or in general life – what are some ways that we miss out? How can our trust issues get in the way of us enjoying relationships, God, and life?
6. In this message, we said that *Trust Issues can be a result of our experience*. What was Thomas' doubt caused by? What are some ways that our experiences in life cause us to have issues trusting God and others?
7. Read John 20:26-28. What changed for Thomas? How can Jesus resolve our trust issues?
8. In this message, we talked about the importance of reminding ourselves of who God is. We said that God is: **Infinite, Never Changing, Self Sufficient, All Powerful, All Knowing, Omnipresent, Wise, Faithful, Good, Just, Merciful, Gracious, Loving, Holy, Infinitely Beautiful & Great, and Trustworthy.**

Why is it important to remind ourselves of who God is? How can that help us trust Him?