

# 04 Where Do Babies Come From? (Sex)

## DISCUSSION GUIDE

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Opening Prayer (5 Mins)

Opening Discussion (10 Mins)

Did you get a “sex talk” growing up? What was that like for you?

Watch Video [40 Minutes]

Follow-Up Discussion [25 minutes]

1. What stood out to you from the video?
2. What do your kids know about sex (as far as you’re aware)? Where have they learned it?
3. Laurie shared some of the research that advises talking with your kids about sex between ages 7-10. Did this research resonate with you? What hesitations do you still have?
4. Of the sex talk Laurie and Matt gave to their kids, what do you want to share with your own children? What might you adjust?

Closing Prayer [10 minutes]

Raising  
Kids