

03 What Makes Me a Boy or Girl? (Gender)

DISCUSSION GUIDE

Opening Prayer (5 Mins)

Opening Discussion (10 Mins)

When you were growing up, how did you define what it means to be a boy or a girl? What about those definitions was helpful or unhelpful for you as you grew into the man or woman you are today?

Watch Video [20 Minutes]

Follow-Up Discussion [45 minutes]

1. What stood out to you from the video?
2. How have you talked with your kids about what it means to be a boy or a girl?
3. This video explains male and female in terms of biology: A female is someone who has the potential to give birth to a baby, while a male is someone who has the potential to fertilize an egg to make a baby. How might this definition help you (or what hesitations do you have with it) as you teach your kids about God's design for gender?
4. Have you interacted with people who identify as transgender? What about your kids? How might you coach them similarly or differently in the future based on what you learned in this episode?

Raising
Kids

5. When was the last time you heard your kids using gender stereotypes?
How did you step in? What would you say or do differently next time?

6. How can you help your kids feel like they belong this week?

Closing Prayer [10 minutes]