

Small Group Guide: Finding Joy in the Midst of Sorrow

Based on John 16:15-24

Opening Prayer

Begin your time together by inviting God's presence and asking Him to open hearts and minds to understand the depth of joy found in Christ's name.

Icebreaker Question

Share a time when you experienced unexpected joy in the middle of a difficult situation. What made that moment stand out?

Key Scripture

John 16:22 - "So also, you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will be able to take your joy from you."

Key Takeaways

1. **Sorrow is universal and invasive** - It doesn't discriminate based on age, wealth, or status. Sorrow actively invades our hearts from the outside in.
2. **Logistics won't cure anxiety** - Knowing the plan doesn't necessarily bring peace. The disciples needed something deeper than information.
3. **Joy differs from happiness** -