

Follow Me, part 5 – Spiritual Growth

John 10:22-39 ESV

Pastor Brian Uyeda, March 28 & 29, 2026

Question: How do we grow in spirit and life?

<sup>22</sup> At that time the Feast of Dedication took place at Jerusalem. It was winter, <sup>23</sup> and Jesus was walking in the temple, in the colonnade of Solomon. <sup>24</sup> So the Jews gathered around him and said to him, “How long will you keep us in suspense? If you are the Christ, tell us plainly.” <sup>25</sup> Jesus answered them, “I told you, and you do not believe. The works that I do in my Father’s name bear witness about me, <sup>26</sup> but you do not believe because you are not among my sheep. – John 10:22-26 ESV

**1. We seek answers from God’s Word with the right \_\_\_\_\_ . (John 10:24-25)**

<sup>5</sup> I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. – John 15:5

Live it out!

Q: What is your motive when you approach the topic of God, Jesus or the church? Are there any motivations or biases that you need to identify and let go of in order to grow in spirit?

<sup>27</sup> My sheep hear my voice, and I know them, and they follow me. <sup>28</sup> I give them eternal life, and they will never perish, and no one will snatch them out of my hand. <sup>29</sup> My Father, who has given them to me, is greater than all, and no one is able to snatch them out of the Father’s hand. <sup>30</sup> I and the Father are one.” – John 10:27-30 ESV

**2. We live securely by faithfully \_\_\_\_\_ our life to Jesus. (John 10:27-30)**

Spiritual Growth Cycle			
John 10:27	Our Mind	Our Heart / Love	Our Choice
“My sheep hear my voice...”	Discernment	Phileo = deep friendship, warm affection, brotherly love.	Conversation – Discover God’s voice, learning His ways.
“...I know them...”	Devotion	Agape = Unconditional, selfless, sacrificial love.	Commitment – Devoted and exclusive loyalty to Him.
“...they follow me.”	Direction	Hesed = loyal, steadfast, covenant love.	Covenant behavior – Decisions that connect and protect the relationship.

Live it out!

Q: If I’m choosing to grow spiritually, which type of love (Phileo, Agape, Hesed) in my heart am I approaching God’s Word with? What decision do I need to make next in my spiritual life?

<sup>37</sup> If I am not doing the works of my Father, then do not believe me; <sup>38</sup> but if I do them, even though you do not believe me, believe the works, that you may know and understand that the Father is in me and I am in the Father.” – John 10:37-38 ESV

**3. We genuinely \_\_\_\_\_ and reflect the word and works of Jesus. (John 10:37-38)**

Genuine salvation = Godly Service

Live it out!

Q: What Word from scripture do you need to obey, and what Godly service is He asking you to do?