

ChristFIT: Strengthening our faith

Part 1 – Resolve to Reset

Mark 4:35-41

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Today's Question:

How do we clear doubts and fears and grow stronger in faith?

³⁵On that day, when evening had come, he said to them, “Let us go across to the other side.” ³⁶And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. ³⁷And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. – Mark 4:35-37 ESV

1) We honestly _____ what we put our faith in.

²Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. ³For you know that when your faith is tested, your endurance has a chance to grow. – James 1:2-3 NLT

Live it out!

Q: Do I trust in circumstances or Christ in the storms of life?

³⁸But he was in the stern, asleep on the cushion. And they woke him and said to him, “Teacher, do you not care that we are perishing?” ³⁹And he awoke and rebuked the wind and said to the sea, “Peace! Be still!” And the wind ceased, and there was a great calm. – Mark 4:38-39 ESV

2) We _____ Jesus is with us in every storm.

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. – John 14:27 ESV

Stronger faith doesn't come from _____ the storm.

Stronger faith comes from _____ who's in control.

Live it out!

Q: Where do I *know* Jesus and where do I need to *trust* Him? Where do you need to let Jesus say “Peace! Be still!” in your life today?

⁴⁰He said to them, “Why are you so afraid? Have you still no faith?” ⁴¹And they were filled with great fear and said to one another, “Who then is this, that even the wind and the sea obey him?” – Mark 4:40-41 ESV

3) We _____ when God's Word rebukes us.

¹²For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. – Hebrews 4:12 ESV

We don't grow in faith when God's Word only _____ us.

We grow in faith when the Word _____ us.

Live it out!

Q: Why is it so hard for us when God's Word confronts sin in our life? What is Jesus asking you to correct in your life?