

Living Free, Part 1: What are we afraid of?

Luke 12:4-7 ESV

Pastor Brian Uyeda, October 24 & 25, 2026

Q: How do we turn our fear into faith in God?

⁴ “I tell you, my friends, do not fear those who kill the body, and after that have nothing more that they can do.

⁵ But I will warn you whom to fear: fear him who, after he has killed, has authority to cast into hell. Yes, I tell you, fear him! - Luke 12:4-5

1. We _____ firm on God’s eternal truth in the face of deception. (Luke 12:4-5)

²⁸ And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell. – Matthew 10:28

- Jesus is not questioning “Do we fear”, he’s questioning “*Who do we fear?*”.

¹⁰ The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is insight. – Proverbs 9:10

¹⁰ For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ. – Galatians 1:10

Live it out:

- Where do I fear the world’s opinion of me over God’s?
- Where do I need to have an eternal perspective over a worldly one?
- What fear am I carrying that I need to release over to God’s truth?

⁶ Are not five sparrows sold for two pennies? And not one of them is forgotten before God.

⁷ Why, even the hairs of your head are all numbered. Fear not; you are of more value than many sparrows. - Luke 12:6-7

2. We _____ our fear to God, trusting that He sees, values and cares for us. (Luke 12:6-7)

⁶ The Lord passed before him and proclaimed, “The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, - Exodus 34:6

- “fear not” in Luke 12:7 because Exodus 34:6 is who God is!

¹⁸ There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. – 1 John 4:18

Live it out:

- What fear am I carrying right now that I haven't actually brought to God?
- Which of these is hardest for me to believe about God right now: that He sees me, that He values me, or that He cares for me, and why?
- What would it look like this week to bring that fear to God each time it rises, and to trust Him with the outcome?