

Crossroads of Life: Part 6 – “...find rest for your souls.”

Key Text: John 14:4-6 ESV

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How do we find true rest for our soul?

⁴And you know the way to where I am going.” ⁵Thomas said to him, “Lord, we do not know where you are going. How can we know the way?” ⁶Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me. – John 14:4-6 ESV

1) We find rest for our souls when we accept _____ as the way, the truth and the life.

⁴God said to Moses, “I AM WHO I AM.” And he said, “Say this to the people of Israel: ‘I AM’ has sent me to you.” – Exodus 3:14 ESV

a) “I am *the way*,” = Jesus is the _____ way to Heaven.

⁹I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture. – John 10:9

b) “I am...*the truth*,” = Jesus’ truth is to be received relationally, knowable only through a _____ relationship.

³⁵Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. – John 6:35 ESV

How do we come into a personal relationship with Jesus as our Lord? We must do 3 things: **Repent** of our sins, **Believe** the good news, and **follow Jesus**.

What is ‘The Gospel’, the “Good News” of Jesus?

The gospel is God’s good news that through the death and resurrection of Jesus Christ, we are called to repent of our sin and believe that He died and rose to give us new life. Through faith, we are forgiven and set free from sin’s power made new by His Spirit and invited to follow Jesus as Lord in daily surrender and joy.

To “repent” means to _____ from, to stop doing what is wrong (sin).

What is “sin”? Sin = rebellion in our heart that resists and refuses God’s love and chooses self over God’s love, commands and truth.

How do I ask Jesus into my life? We pray a “prayer of salvation”.

We pray a “prayer of salvation”:

Dear Jesus,
I know I have sinned and done things my way instead of Yours.
I believe You died on the cross for my sins and rose again to give me new life.
I’m sorry for my sin, and I turn from it today.
Please forgive me, change my heart, and help me to follow You.
I give You my life to be my Lord and my Savior.
Thank You for loving me and saving me.
In Jesus name I pray, Amen.

²⁰I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.
– Galatians 2:20 ESV

c) “I am ...*the life*” = We live a real life with Jesus when we _____
ours.

Question: ***Is there anything blocking me from true rest in Jesus for my soul?***