

Unshakeable: Mindfulness in a Mindless World

September 24, 2023

13 So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world. 14 So you must live as God's obedient children. Don't slip back into your old ways of living to satisfy your own desires. You didn't know any better then. 15 But now you must be holy in everything you do, just as God who chose you is holy. 16 For the Scriptures say, "You must be holy because I am holy."

17 And remember that the heavenly Father to whom you pray has no favorites. He will judge or reward you according to what you do. So you must live in reverent fear of him during your time here as "temporary residents." 18 For you know that God paid a ransom to save you from the empty life you inherited from your ancestors. And it was not paid with mere gold or silver, which lose their value. 19 It was the precious blood of Christ, the sinless, spotless Lamb of God. 20 God chose him as your ransom long before the world began, but now in these last days he has been revealed for your sake.

21 Through Christ you have come to trust in God. And you have placed your faith and hope in God because he raised Christ from the dead and gave him great glory.

22 You were cleansed from your sins when you obeyed the truth, so now you must show sincere love to each other as brothers and sisters. Love each other deeply with all your heart.

23 For you have been born again, but not to a life that will quickly end. Your new life will last forever because it comes from the eternal, living word of God. 24 As the Scriptures say,

"People are like grass;
their beauty is like a flower in the field.
The grass withers and the flower fades.

25 But the word of the Lord remains forever."

And that word is the Good News that was preached to you.

— 1 Peter 1:13-25

Discussion/Journal Questions

How do you struggle with mindlessness? Do you spend a lot of time distracting yourself with entertainment? Do you fixate on the past or worry about the future?

Reflect on the statement, "We only meet God in the present." Do you agree or disagree? Why?

Read 1 Peter 1:13-25. What stands out to you in this passage? What questions do you have?

In verse 13, Peter calls us to put our hope in God's grace. How is hope in the Bible different from hope as people use that word today?

What does it mean to be holy as God is holy? What does holiness look like in your daily life? At home? At work? Etc.

In verse 17, Peter tells us to live in reverent fear of God during time here on earth. What does it mean to fear God? What does it not mean?

What is significant about 1 Peter 1:20, "God chose Him as your ransom long before the world began"?

How ought being born again change our attitude towards life (verses 23-25)?

How can your group pray for you this week? How can you encourage and pray for them?

Who are you praying for to accept Jesus, and what specifically did you do this week to interact with them?

Who are you currently discipling, and what specifically did you do this week to help them know, love, and follow Jesus?

Who are you considering for future discipleship relationships, and what specifically did you do this week to interact with them?