

¹ During the third year of King Jehoiakim's reign in Judah, King Nebuchadnezzar of Babylon came to Jerusalem and besieged it. ² The Lord gave him victory over King Jehoiakim of Judah and permitted him to take some of the sacred objects from the Temple of God. So Nebuchadnezzar took them back to the land of Babylonia and placed them in the treasure-house of his god.

³ Then the king ordered Ashpenaz, his chief of staff, to bring to the palace some of the young men of Judah's royal family and other noble families, who had been brought to Babylon as captives. ⁴ "Select only strong, healthy, and good-looking young men," he said. "Make sure they are well versed in every branch of learning, are gifted with knowledge and good judgment, and are suited to serve in the royal palace. Train these young men in the language and literature of Babylon." ⁵ The king assigned them a daily ration of food and wine from his own kitchens. They were to be trained for three years, and then they would enter the royal service.

⁶ Daniel, Hananiah, Mishael, and Azariah were four of the young men chosen, all from the tribe of Judah. ⁷ The chief of staff renamed them with these Babylonian names:

Daniel was called Belteshazzar.

Hananiah was called Shadrach.

Mishael was called Meshach.

Azariah was called Abednego.

⁸ But Daniel was determined not to defile himself by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods. ⁹ Now God had given the chief of staff both respect and affection for Daniel. ¹⁰ But he responded, "I am afraid of my lord the king, who has ordered that you eat this food and wine. If you become pale and thin compared to the other youths your age, I am afraid the king will have me beheaded."

¹¹ Daniel spoke with the attendant who had been appointed by the chief of staff to look after Daniel, Hananiah, Mishael, and Azariah. ¹² "Please test us for ten days on a diet of vegetables and water," Daniel said. ¹³ "At the end of the ten days, see how we look compared to the other young men who are eating the king's food. Then make your decision in light of what you see." ¹⁴ The attendant agreed to Daniel's suggestion and tested them for ten days.

¹⁵ At the end of the ten days, Daniel and his three friends looked healthier and better nourished than the young men who had been eating the food assigned by the king. ¹⁶ So after that, the attendant fed them only vegetables instead of the food and wine provided for the others.

— *Daniel 1:1-16*

Discussion/Journal Questions

What resolutions have you made in the past? Were any of them successful? Why or why not?

Have two or three people read Daniel 1:1-16 out loud slowly. After some time of reflection, ask each other what words, phrases, or ideas stand out to everyone. What questions come to mind as you meditate on this scripture?

Put yourself in Daniel's place. What thoughts or feelings would you have after being abducted and taken to Babylon?

What is the significance of putting the sacred objects of God's temple and putting them in a pagan temple?

What do you think was the purpose of changing Daniel's name?

When Daniel determined not to eat the food given to him, how did he go about it? What can this teach us about taking a stand or resisting?

How important do you think this moment was in the later decisions of Daniel's life?

In what ways are we facing challenges similar to Daniel's? What should our responses be?

How can your community pray for you this week?