

### Philippians 2:1-4

**1** So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, **2** complete my joy by being of the same mind, having the same love, being in full accord and of one mind. **3** Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. **4** Let each of you look not only to his own interests, but also to the interests of others.

### ***Discussion/Journal Questions***

Read Philippians 2:1-4. What does it mean to look to the interests of others?

In the sermon, John mentioned two extremes we can drift into when it comes to reliance. One is unhealthy dependence and the other is unhealthy independence. What do each of these look like? How have you experienced them in your own life?

Read Colossians 2:8-10. Christ is the One in whom are deepest needs are met. How does an awareness of this help us avoid the unhealthy extremes of reliance?

The heart of reliance is give and take—healthy interdependence. What does this look like in your relationships?

In the sermon, John said that we must become a connoisseur of the other person. What does this look like?

Gary Chapman wrote a book called *The Five Love Languages*. In it he describes different ways we give and receive love. Consider the five love languages and discuss which one or two are most powerful for you personally.

- 1) Words of Affirmation
- 2) Giving Gifts
- 3) Acts of Service
- 4) Physical Touch
- 5) Time Together

How does your awareness of someone else's love language help you show them love and care?

Think about the Love Languages in connection to your relationship with God. How do you tend to show your love towards God (worship)?

**Who are you praying for to accept Jesus, and what specifically did you do this week to interact with them?**

**Who are you currently discipling, and what specifically did you do this week to help them know, love, and follow Jesus?**

**Who are you considering for future discipleship relationships, and what specifically did you do this week to interact with them?**