

John 13:34-35

34 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. **35** By this all people will know that you are my disciples, if you have love for one another.”

Discussion/Journal Questions

What are the three most significant relationships in your life? How would you grade the health of these relationships?

The major theme of this series is that our spiritual health and our relational health are connected. If we don't know how to have healthy relationships then we probably aren't growing spiritually and definitely not living a life that leads others toward Jesus. How have you seen this play out in your own life?

The RAM Model covers five bonds of relationships: Know, Trust, Rely, Commit, and Touch. In your relationship with God, which of these bonds are the strongest? Which are the weakest?

In a relationship, we know and are known by the other person. What are some of the ways we try to manage how much other people know about us?

Read Psalm 139:1-3. How does it make you feel when you consider that God knows and loves you completely?

How are we able to know anything about God? How does He reveal Himself to us?

Trust is a feeling of confidence in God. What hinders people from trusting God?

Do you trust God? Why or why not?

Reliance is the action of trust. If we are not relying on God, what or whom do we end up relying on? What is the result of relying on the wrong things?

Committing means dedicating yourself to something or someone. In this case it's the extent you are invested in your relationship with God. What causes your commitment to God to waver?

Read Romans 12:1 and Matthew 25:40. What does touch look like in our relationship with God?

As you consider your relationship with God, pray about the area that needs the most strengthening and ask your group to help you grow in this area over the next six weeks.

Who are you praying for to accept Jesus, and what specifically did you do this week to interact with them?

Who are you currently discipling, and what specifically did you do this week to help them know, love, and follow Jesus?

Who are you considering for future discipleship relationships, and what specifically did you do this week to interact with them?