## CHAPTER 11 | "Does My Past Determine My Future?" GROUP DISCUSSION QUESTIONS

#### WATCH:

Watch this week's Group video on Chapter 11 at www.quest52.com/videos

#### **GOD STORY**

 Have someone in your group share a God Story or testimony of how God has moved in their life.

## **INTRO QUESTIONS:**

- What encouraged or challenged you from the sermon and/or the daily exercises?
- Have you ever known someone who was trapped by something from their past? How did
  it affect their daily life?
- Why do you think shame can have such a powerful effect on us?

#### **KEY PASSAGES:**

- Luke 7:41-43 Of the two characters in the parable, which one do you think you are and why?
- Romans 8:1-4 How would you explain this passage to someone who was new to faith?
- 1 John 1:8-10 How does this passage help someone who is struggling with guilt and shame over their past?

## **GROUP DISCUSSION:**

- In the story from Luke 7:36-50, what point does Jesus make from the parable, and how does He apply this point to Simon and the woman?
- How does shame affect our lives or our relationships with others? How does shame affect our relationship with God?
- How is shame sometimes placed on us by other people? Do you think the process of moving past this kind of shame is any different than other cases of shame? Why or why not?
- Is there something you want to pursue in the future but feel like shame has been holding you back? What could you do this week to take a step towards that dream?
- What are some helpful steps to releasing shame? Have others given you any words of wisdom that helped you let go of shame?

## **WEEKLY APPLICATION:**

- On page 70, we were challenged to have a date with God and write on a piece of paper any sin we are still holding against ourselves. How do you feel after doing this?
- Depending on when your group meets, you might not have reached the Hands section yet for your daily exercises in chapter 11. If that is the case, reflect back on the following question from last week's Weekly Application.
  - On page 64, we were challenged to ask a friend what it would take for them to feel welcome at church. Did anyone have this conversation and what did they say?

# **COMING SOON**

• Good Friday Worship – March 29th at 7 PM.