

# 5-Day Devotional: Peace in the Midst of the Storm

## Day 1: Jesus is Already in Your Boat

Reading: Mark 4:35-41

Devotional: Jesus told His disciples they were going to the other side—not halfway, not almost there, but completely across. When storms arise in your life, remember that Jesus has already declared your destination. He's in your boat, even when you forget to acknowledge Him. The disciples panicked while Jesus slept, forgetting who was with them. How often do we exhaust ourselves trying everything before turning to Him? Today, recognize that Christ is already present in your situation. You don't need to face storms alone. Before the winds blow, before the waters rise, invite Him into every decision, every conversation, every moment. His presence changes everything.

Reflection Question: Are you allowing Jesus to be just your Savior, or is He truly Lord of your daily life?

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## Day 2: Be Still and Know

Reading: Psalm 46:1-11

Devotional: "Be still and know that I am God." The word "still" means cease, stop your frantic running. In the chaos of life's storms, God calls us to pause and acknowledge Him. Being still isn't passive resignation; it's active trust. It means stopping our panic, ceasing our self-reliant striving, and discovering that God is already at work. The disciples worked frantically to save themselves while Jesus rested peacefully. They needed to stop their panic and remember who controlled the winds. What are you frantically trying to fix today? God invites you to stop, acknowledge His presence, and trust His power. In stillness, we find strength. In quietness, we discover confidence.

Reflection Question: What would change if you brought God into your situation first instead of last?

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## Day 3: Hide His Word in Your Heart

Reading: Psalm 119:9-16

Devotional: We spend countless hours entertaining ourselves—scrolling, watching, gaming—yet struggle to memorize even one verse. The psalmist declared, "I have hidden your word in my heart that I might not sin against you." God's Word isn't just information; it's transformation. When storms come, you'll speak what's stored in your heart. If anxiety fills your mind, anxiety will fill your words. But if Scripture saturates your thoughts, peace will flow from your lips. Memorizing God's Word

prepares you for battles you don't yet see. It equips you to combat fear with faith, doubt with truth, and chaos with calm. Don't wait until the storm hits to search for an anchor.

Reflection Question: What verse could you memorize this week to combat your biggest struggle?

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#### **Day 4: Focus on Jesus, Not the Storm**

Reading: Hebrews 12:1-3

Devotional: The storm was real. The disciples weren't imagining the danger. But their focus was wrong. They stared at the waves instead of looking to Jesus. When we magnify our problems through constant conversation and worry, we make them bigger than God. The writer of Hebrews instructs us to fix our eyes on Jesus, looking away from all that distracts. Your storm may be legitimate—financial pressure, health concerns, relationship struggles—but Jesus is bigger. Stop rehearsing the problem and start declaring His promises. The same Jesus who calmed ancient seas speaks peace over your chaos today. Where you focus determines your peace. Look up.

Reflection Question: Are you talking more about your storm or about your Savior?

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#### **Day 5: The Lord Will Fight for You**

Reading: Exodus 14:10-14

Devotional: "The Lord will fight for you; you need only to be still." Israel stood trapped between Pharaoh's army and the Red Sea, yet God commanded them to hold their peace. Your part isn't to fight in your own strength but to hold onto God's peace while He fights for you. This doesn't mean passivity; it means refusing to panic, refusing to speak defeat, refusing to let go of what God has promised. Peace is a choice you make repeatedly throughout the storm. When anxiety knocks, grab peace. When fear whispers, declare truth. When circumstances scream, worship louder. God hasn't brought you this far to abandon you now. Trust Him to make a way.

Reflection Question: What peace do you need to grab hold of today and refuse to release?