

DOUBLE DOG DARE: Week 1: PUSH

James 4:7-10, Ecclesiastes 4:9-12, Matthew 22: 36-39

One Dare: PUSH your “self” to reach a worthy finish line.

God uses goals to help change our lives. Goals are statements of **FAITH** saying, “This is what I believe God is going to do in my life.”

3 questions to ask when setting goals:

1. Will it **HONOR** God?
“We make it our goal to please him...” 2 Corinthians 5:9
2. Is it **MOTIVATED** by love?
“Let love be your highest goal.” 1 Corinthians 14:1
3. Will it require **DEPENDING** on God?
“We plan the way we want to live, but only God makes us able to live it.” Proverbs 16:9

Three Things You Need to Reach Your Goal.

I NEED God’s Spirit to **EMPOWER** me.

“You will not succeed by your own strength or power, but by my Spirit, says the Lord.” Zechariah 4:6

I NEED God’s Word to **GUIDE** me.

“Keep this Book of the Law on your lips. Recite it by day and by night, that you may carefully follow all that is written in it; THEN you will successfully attain your goal.” Joshua 1:8

I NEED God’s people to **SUPPORT** me.

“By yourself you’re unprotected. But with a friend you can face the worst. And a group of three is even better because a rope braided with three strands is not easily snapped!” Ecclesiastes 4:12

Double Dare: Join a small group

Four Strategies to PUSH across the finish line:

- Go **PUBLIC**
- Gather **OTHERS** around you
- Train rather than **TRY**.
- Redefine “Giving it my ALL”

Sources: 12Stone Church series “Double Dog Dare Deux” for creative sources and concept. Saddleback Church for some scriptural structure.

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