

**It Only Takes One Step**  
Double Dog Dare, Part 3  
Pastor Darren Emory  
Matthew 14:22-32

**Fear causes me to:**

- a) **PLAY IT SAFE**
- b) **EXAGGERATE REALITY**
- c) **WASTE MY POTENTIAL**

*Meanwhile, the disciples were in trouble far away from land, for a strong wind had risen, and they were fighting heavy waves.*  
Matthew 14:24

**1) IT ONLY TAKES ONE STEP:**

To let go of **MY BIGGEST FEAR**

*In their fear, they cried out, "It's a ghost!" But Jesus spoke to them at once. "Don't be afraid," he said. "Take courage. I am here!"*

Matthew 14:26-27

**2) IT ONLY TAKES ONE STEP:**

To step out of **MY COMFORT ZONE**

*Then Peter called to him, "Lord, if it's really you, tell me to come to you, walking on the water."...When he saw the waves, he was terrified and began to sink. "Save me, Lord!" he shouted.*

Matthew 14:28, 30

**3) IT ONLY TAKES ONE STEP:**

To change **MY FOREVER**

*When they climbed back into the boat, the wind stopped. Then the disciples worshiped him. "You really are the Son of God!" they exclaimed.*

Matthew 14:32-33

*"If you cling to your life, you will lose it; but if you give up your life for me, you will find it."*

—Jesus, in Matthew 10:39

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Sources: Theme from 12Stone, Life Application Study Bible, Barclay Commentary

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**2) IT ONLY TAKES ONE STEP:**

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To change \_\_\_\_\_

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