

AT THE TABLE—2
Jesus' Meal with Martha and Mary
Luke 10:38-11:11

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1. The PROBLEM.

But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" Luke 10:40

Martha is our modern cultural **IDEAL**.
She is efficient, driven and goal-oriented, dependable and a take-charge personality.

Martha is also full of anxiety:

- Psychologically **DISCONNECTED**.
"You are worried and upset about many things."
- Angry at her **FAMILY**.
"Tell her to help me!"
- Angry with **JESUS**.
"Don't you care?"

2. The CURE.

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." Luke 10:41-42

- Learn what you really **NEED**.
- Focus on what you need **MOST**.

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