



Notes from today's message:

Horizontal lines for taking notes.

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31 SEPT

MY STORY

- 1. When you are feeling angry or stressed, what do you do to help you unwind? How does this help to change your mindset?

DEEPER

- 2. Read John 14:25-27, 16:33
a. What does the word "peace" mean to you? How does God's type of peace differ from that of the world?
b. When the disciples were uncertain and fearful of the future, how did Jesus' words encourage, comfort and strengthen them?
c. How easy it for you to find peace in your current life situation?
3. Read Philippians 4:4-7; Romans 8:5-6; Romans 15:13; Galatians 5:22; Isaiah 26:3-4
a. What do each of the above passages teach you about how you can find God's peace in your life?
b. Which of these passages challenges you the most when it comes to finding peace in your own life?
c. How is God challenging you to be more secure in His strength and peace even in the most difficult and stressful of times?

APPLICATION

- 4. Spend some time with God, and bring to Him everything in your life that is troubling you and ask Him to show you His incredible peace in a new way.
"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:7

BANKING DETAILS

FIRST NATIONAL BANK | HAYFIELDS | BRANCH CODE 221425
TITHES & OFFERINGS: NCF Church South Tithe Acc No: 62447914666
BUILDING FUND: NCF Church South Building Acc No: 62447985881

FIRST TIME AT ONE LIFE CHURCH ?

Welcome! We're so glad you're here today. We'd love to get to know you so please join us after the meeting for a cup of coffee and slice of cake at our Visitors Lounge.