

2 Dec



1. As you look around our world, what are some of the ways in which you see people living out of control?



## Read 1 Corinthians 9:24-27

- 2. In the various areas of your life (faith, health, academics, career, athletics, fitness, hobbies, etc.), list the ones where you engage in ongoing training.
- 3. In which of these areas does your training require you to really stretch beyond your current capabilities?
- 4. Do you see yourself as spiritually self-disciplined? If not, why not?

## Read Jeremiah 18:1-12, Numbers 14:18, Psalm 103:8

- 5. Jeremiah refers to the marred pot. What areas of your life are causing you to be spiritually marred?
- 6. What does God expect us to do when we are marred by spiritual blemishes?

## Read 2 Timothy 1:7, Galatians 5:16-26

- 7. What great gift has God given us and through whom is it given?
- 8. How strong is this gift and what does it enable us to have?



9. Tell someone what you struggle with and ask that person to hold you accountable.

## FIRST TIME AT ONE LIFE CHURCH?

Welcome! We're so glad you're here today. We'd love to get to know you so please join us after the meeting for a cup of coffee and slice of cake at our Visitors Lounge.